

Ringshaugdysten Triathlon

26.06.2011

Kort (0.75-20-5)

Klasse Resultatliste

Kvinner 16-19

Pls	StNr	Navn	Klubb	Tid	Bak	Swim		T1		Cycle		T2		Run	
						Tid	Rank	Tid	Rank	Tid	Rank	Tid	Rank	Tid	Rank
1	2	Nora Sørstahl	ROYAL SPORT	01:19:20	00:00:00	00:14:06	1	00:01:30	2	00:38:19	2	00:00:50	2	00:24:32	1
2	1	Sigrd Baarsdatter Kleveland	LILLEHAMMER CF	01:21:38	00:02:19	00:15:22	2	00:01:26	1	00:37:08	1	00:00:43	1	00:26:56	2

Menn 16-19

Pls	StNr	Navn	Klubb	Tid	Bak	Swim		T1		Cycle		T2		Run	
						Tid	Rank	Tid	Rank	Tid	Rank	Tid	Rank	Tid	Rank
1	30	Christoffer Andre Næss	RE SYKKELKLUBI	01:24:53	00:00:00	00:17:38	1	00:02:46	1	00:39:52	1	00:01:14	1	00:23:20	1

Kvinner Senior 20-39

Pls	StNr	Navn	Klubb	Tid	Bak	Swim		T1		Cycle		T2		Run	
						Tid	Rank	Tid	Rank	Tid	Rank	Tid	Rank	Tid	Rank
1	14	Kari Flottorp Lingsom	HOLMESTRAND T	01:11:11	00:00:00	00:11:41	1	00:01:44	5	00:35:38	1	00:00:33	1	00:21:33	1
2	5	Mari Faugstad Eian	HAFVA VE & VEL	01:16:12	00:05:01	00:14:37	3	00:01:20	1	00:36:16	2	00:00:34	2	00:23:23	4
3	8	Lisbeth Kristin Trøite Bjørnø	TØNSBERG TRIA	01:16:53	00:05:42	00:12:17	2	00:01:47	6	00:37:56	4	00:00:51	5	00:23:59	5
4	11	Alexandra Davydova	ØSTMARKA IL TR	01:22:09	00:10:58	00:16:13	6	00:01:32	2	00:39:58	8	00:01:04	10	00:23:19	2
5	10	Galina Stoltenberg	NEDRE EIKER	01:22:11	00:11:00	00:15:15	4	00:01:53	7	00:40:32	10	00:01:07	11	00:23:22	3
6	7	Lone Hellevik	TØNSBERG TRI	01:23:04	00:11:53	00:18:14	11	00:01:42	4	00:37:33	3	00:00:54	8	00:24:39	8
7	16	Ingrid Kristiansen	TØNSBERG TRI	01:24:24	00:13:13	00:17:23	7	00:01:35	3	00:38:39	5	00:00:57	9	00:25:47	10
8	12	Isabel Kemp	OSLOFJORD TRI/	01:26:41	00:15:30	00:15:47	5	00:03:13	13	00:40:09	9	00:01:24	14	00:26:05	11
9	9	Ina Christophersen	VESTFOLD MUST	01:26:42	00:15:31	00:19:32	13	00:02:11	8	00:39:15	6	00:00:52	7	00:24:49	9
10	4	Terese Andersen	BERGEN	01:27:05	00:15:54	00:18:10	10	00:02:40	11	00:41:08	12	00:00:52	6	00:24:12	6
11	21	Linn Merethe Thune	AMAZON	01:30:29	00:19:18	00:17:50	9	00:02:35	10	00:44:00	13	00:01:23	13	00:24:38	7
12	6	Gry Haugsnes	NØTTERØY	01:30:41	00:19:30	00:17:31	8	00:03:00	12	00:40:48	11	00:01:14	12	00:28:06	13
13	33	Anja Sivertsen	NGI	01:32:25	00:21:14	00:22:48	14	00:02:12	9	00:39:52	7	00:00:41	4	00:26:49	12
14	15	Anja Vooren	HORTEN	01:44:18	00:33:07	00:18:44	12	00:03:19	14	00:48:56	14	00:00:37	3	00:32:39	14

Menn Senior 20-39

Pls	StNr	Navn	Klubb	Tid	Bak	Swim		T1		Cycle		T2		Run	
						Tid	Rank	Tid	Rank	Tid	Rank	Tid	Rank	Tid	Rank
1	50	Øystein Askjem	HOLMESTRAND T	01:00:19	00:00:00	00:11:11	3	00:00:54	1	00:29:15	2	00:00:29	3	00:18:27	2
2	76	Lillehagen Øyvind	TEAM GIANT PF	01:00:45	00:00:27	00:12:29	7	00:01:03	2	00:28:10	1	00:00:32	7	00:18:29	3
3	34	Kristian Horne	ØSTMARKA IL	01:01:52	00:01:34	00:12:46	9	00:01:08	5	00:30:19	5	00:00:30	4	00:17:08	1
4	54	Bjørnar Evensen	BK TRIATHLON	01:02:39	00:02:21	00:10:30	2	00:01:04	3	00:29:47	3	00:00:30	5	00:20:45	13
5	19	Skollerud Bjørn	TEAM NAKAMUR/	01:03:06	00:02:48	00:10:27	1	00:01:12	7	00:31:32	7	00:00:29	2	00:19:24	8
6	63	Per Morten Ellingsen	FREDRIKSTAD TF	01:03:28	00:03:09	00:12:45	8	00:01:09	6	00:30:18	4	00:00:30	6	00:18:43	6
7	48	Hans Alexander Mangen	ØSTMARKA TRI	01:06:41	00:06:23	00:12:21	6	00:01:13	8	00:32:42	10	00:00:45	15	00:19:37	10
8	40	Axel Bendiksbj	FREDRIKSTAD TF	01:06:51	00:06:33	00:13:07	10	00:01:32	11	00:32:38	9	00:00:34	9	00:18:59	7
9	46	Are Hotvedt	TØNSBERG TRIA	01:07:34	00:07:16	00:12:05	5	00:01:06	4	00:32:12	8	00:00:27	1	00:21:42	15
10	43	Gerhard Sletten	OSLOFJORD TRI/	01:08:03	00:07:45	00:11:51	4	00:02:07	18	00:34:34	18	00:00:50	17	00:18:39	5
11	32	Geir Føleide	BERGEN	01:08:13	00:07:55	00:13:22	11	00:01:33	12	00:34:10	15	00:00:35	10	00:18:29	4
12	55	Ivan Christophersen	TEAM GIANT TRI/	01:08:56	00:08:37	00:13:54	12	00:01:59	17	00:30:55	6	00:00:35	11	00:21:29	14
13	56	Steinar Sæther	UIOBIL	01:10:31	00:10:13	00:15:18	16	00:02:11	19	00:32:49	11	00:00:45	14	00:19:25	9
14	42	Kristian Magnus Lingsom	JUTUL	01:10:44	00:10:25	00:15:48	17	00:01:41	13	00:32:53	12	00:00:41	13	00:19:37	11
15	59	Ole Johan Føske Johnsen	TØNSBERG	01:15:40	00:15:21	00:16:03	19	00:01:23	9	00:33:00	13	00:00:56	20	00:24:15	23
16	31	Henrik Hellevik Larsen	TØNSBERG TRIA	01:15:54	00:15:36	00:13:59	13	00:03:25	29	00:36:38	23	00:01:16	29	00:20:33	12
17	62	Jon Arne Hansen	STOKKE BRANNV	01:16:36	00:16:18	00:17:27	23	00:01:29	10	00:34:31	17	00:01:02	25	00:22:04	16
18	45	Frode Iversen	NORDIC GYM	01:18:25	00:18:07	00:17:16	21	00:02:35	25	00:35:18	20	00:00:32	8	00:22:40	18
19	47	Rune Magnus Thomassen	TØNSBERG TRIA	01:19:44	00:19:26	00:17:51	26	00:02:40	26	00:34:21	16	00:00:55	18	00:23:55	22
20	38	Tobias Ruud Elvestad	HORTEN	01:20:25	00:20:07	00:17:19	22	00:02:50	27	00:35:56	22	00:01:05	26	00:23:13	19
21	37	Erik Gurmark	TØNSBERG TRIA	01:21:05	00:20:47	00:14:52	14	00:02:19	20	00:35:17	19	00:00:55	19	00:27:38	29
22	60	Vidar Tuengen	TCK	01:21:30	00:21:12	00:18:27	27	00:02:23	21	00:35:37	21	00:01:20	30	00:23:39	21
23	35	Audun Kleven	KVH NORWAY	01:22:16	00:21:58	00:18:40	28	00:02:59	28	00:34:05	14	00:01:00	22	00:25:29	25

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Klasse Resultatliste

Menn Senior 20-39

Pls	StNr	Navn	Klubb	Tid	Bak	Swim		T1		Cycle		T2		Run	
						Tid	Rank	Tid	Rank	Tid	Rank	Tid	Rank	Tid	Rank
24	51	Frode Jordahl	OSEBERG SKIALC	01:24:20	00:24:02	00:17:33	24	00:02:32	23	00:37:32	26	00:01:11	28	00:25:29	24
25	49	Anders Tuengen	TCK	01:24:49	00:24:31	00:21:17	30	00:01:56	15	00:36:59	25	00:00:57	21	00:23:36	20
26	41	Nicolay Skovly	TØNSBERG	01:24:56	00:24:38	00:17:34	25	00:02:31	22	00:36:48	24	00:01:00	23	00:27:00	28
27	39	Frode Røte	ASKØY STK	01:24:56	00:24:38	00:15:55	18	00:02:34	24	00:38:38	27	00:01:01	24	00:26:45	27
28	36	Ole Peder Moe	MYHRVOLD	01:24:59	00:24:41	00:15:12	15	00:01:47	14	00:44:33	30	00:00:48	16	00:22:37	17
29	53	Christer Iversen	OSLOFJORD TRI/	01:28:35	00:28:17	00:20:10	29	00:01:58	16	00:39:26	28	00:00:40	12	00:26:18	26
30	77	Abrahamsen Espen	TØNSBERG TRI	01:30:20	00:30:02	00:16:26	20	00:03:41	30	00:39:45	29	00:01:06	27	00:29:19	30

Kvinner Master I 40-49

Pls	StNr	Navn	Klubb	Tid	Bak	Swim		T1		Cycle		T2		Run	
						Tid	Rank	Tid	Rank	Tid	Rank	Tid	Rank	Tid	Rank
1	22	Trine Skjellestad	OSLOFJORD TRI/	01:23:19	00:00:00	00:15:49	2	00:03:00	3	00:38:23	1	00:01:06	3	00:24:58	1
2	25	Kristin Mathisen	TØNSBERG TRIA`	01:28:16	00:04:58	00:15:26	1	00:02:33	2	00:42:13	3	00:00:49	2	00:27:13	2
3	24	Hanne Norløff	OSLOFJORD TRI	01:28:30	00:05:12	00:16:05	3	00:02:28	1	00:40:27	2	00:01:53	4	00:27:34	3
4	23	Lise Jørstad	VÅLERENGA HÅN	01:47:02	00:23:44	00:21:31	4	00:07:24	4	00:49:19	4	00:00:45	1	00:27:59	4

Menn Master I 40-49

Pls	StNr	Navn	Klubb	Tid	Bak	Swim		T1		Cycle		T2		Run	
						Tid	Rank	Tid	Rank	Tid	Rank	Tid	Rank	Tid	Rank
1	66	Henrik Johansen	TØNSBERG TRIA`	01:07:59	00:00:00	00:13:01	1	00:01:24	2	00:33:03	2	00:00:39	2	00:19:49	1
2	65	Horgen André	SKARPHEDIN IL	01:08:27	00:00:28	00:13:06	2	00:01:23	1	00:31:33	1	00:00:32	1	00:21:50	4
3	70	Hans Magne Holst	TØNSBERG TRIA`	01:13:53	00:05:54	00:15:56	4	00:02:10	3	00:33:54	3	00:00:55	3	00:20:54	2
4	72	Bjørn Husby	SILKESTRÅ	01:15:26	00:07:28	00:15:08	3	00:02:43	6	00:34:44	4	00:00:58	4	00:21:49	3
5	67	Håvard Nordbø	TØNSBERG TRI	01:25:04	00:17:05	00:16:48	6	00:02:14	4	00:35:45	5	00:01:07	5	00:29:08	6
6	68	Øyvind Støren	SKARPHEDIN	01:26:51	00:18:53	00:16:22	5	00:02:16	5	00:39:02	6	00:01:07	6	00:28:03	5

Kvinner Master II 50-59

Pls	StNr	Navn	Klubb	Tid	Bak	Swim		T1		Cycle		T2		Run	
						Tid	Rank	Tid	Rank	Tid	Rank	Tid	Rank	Tid	Rank
1	26	Wang Synnøve	TØNSBERG TRI	01:32:16	00:00:00	00:17:22	1	00:03:02	1	00:45:18	1	00:01:06	1	00:25:26	1

Menn Master II 50-59

Pls	StNr	Navn	Klubb	Tid	Bak	Swim		T1		Cycle		T2		Run	
						Tid	Rank	Tid	Rank	Tid	Rank	Tid	Rank	Tid	Rank
1	74	Bjørn Morten Thune	STOKKE/VEAR	01:41:45	00:00:00	00:23:35	1	00:04:35	1	00:44:33	1	00:00:50	1	00:28:09	1

Menn Master III 60+

Pls	StNr	Navn	Klubb	Tid	Bak	Swim		T1		Cycle		T2		Run	
						Tid	Rank	Tid	Rank	Tid	Rank	Tid	Rank	Tid	Rank
1	75	Bjørn Risa	TØNSBERG TRIA`	01:24:43	00:00:00	00:17:45	1	00:03:22	1	00:37:50	1	00:01:07	1	00:24:36	1

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26.6.2011

Kort (0.75-20-5)

Komplett Resultatliste

Kvinner

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
1	14	Kari Flottorp Lingsom	20-39	HOLMESTRAND TRIATHLON	01:11:11	00:00:00
2	5	Mari Faugstad Eian	20-39	HAFVA VE & VEL	01:16:12	00:05:01
3	8	Lisbeth Kristin Trøite Bjørnø	20-39	TØNSBERG TRIATHLONKLUBB	01:16:53	00:05:42
4	2	Nora Sørsdahl	16-19	ROYAL SPORT	01:19:20	00:08:09
5	1	Sigrid Baarsdatter Kleveland	16-19	LILLEHAMMER CK	01:21:38	00:10:27
6	11	Alexandra Davydova	20-39	ØSTMARKA IL TRIATHLON	01:22:09	00:10:58
7	10	Galina Stoltenberg	20-39	NEDRE EIKER	01:22:11	00:11:00
8	7	Lone Hellevik	20-39	TØNSBERG TRI	01:23:04	00:11:53
9	22	Trine Skjellestad	40-49	OSLOFJORD TRIATLON	01:23:19	00:12:08
10	16	Ingrid Kristiansen	20-39	TØNSBERG TRI	01:24:24	00:13:13
11	12	Isabel Kemp	20-39	OSLOFJORD TRIATLON	01:26:41	00:15:30
12	9	Ina Christophersen	20-39	VESTFOLD MUSTANG VOLLEY	01:26:42	00:15:31
13	4	Terese Andersen	20-39	BERGEN	01:27:05	00:15:54
14	25	Kristin Mathisen	40-49	TØNSBERG TRIATLONKLUBB	01:28:16	00:17:05
15	24	Hanne Norløff	40-49	OSLOFJORD TRI	01:28:30	00:17:19
16	21	Linn Merethe Thune	20-39	AMAZON	01:30:29	00:19:18
17	6	Gry Haugsnes	20-39	NØTTERØY	01:30:41	00:19:30
18	26	Wang Synnøve	50-59	TØNSBERG TRI	01:32:16	00:21:05
19	33	Anja Sivertsen	20-39	NGI	01:32:25	00:21:14
20	15	Anja Vooren	20-39	HORTEN	01:44:18	00:33:07
21	23	Lise Jørstad	40-49	VÅLERENGA HÅNDBALL	01:47:02	00:35:51

Antall: 21

Ringshaugdysten Triathlon

26.6.2011

Kort (0.75-20-5)

Komplett Resultatliste

Menn

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
1	50	Øystein Askjem	20-39	HOLMESTRAND TRIATHLONKLUBB	01:00:19	00:00:00
2	76	Lillehagen Øyvind	20-39	TEAM GIANT PF	01:00:45	00:00:27
3	34	Kristian Horne	20-39	ØSTMARKA IL	01:01:52	00:01:34
4	54	Bjørnar Evensen	20-39	BK TRIATHLON	01:02:39	00:02:21
5	19	Skollerud Bjørn	20-39	TEAM NAKAMURA TRIATHLON	01:03:06	00:02:48
6	63	Per Morten Ellingsen	20-39	FREDRIKSTAD TRIATLONKLUBB	01:03:28	00:03:09
7	48	Hans Alexander Mangen	20-39	ØSTMARKA TRI	01:06:41	00:06:23
8	40	Axel Bendiksbj	20-39	FREDRIKSTAD TRIATLON KLUBB	01:06:51	00:06:33
9	46	Are Hotvedt	20-39	TØNSBERG TRIATHLONKLUBB	01:07:34	00:07:16
10	66	Henrik Johansen	40-49	TØNSBERG TRIATHLONKLUBB	01:07:59	00:07:41
11	43	Gerhard Sletten	20-39	OSLOFJORD TRIAHTLON	01:08:03	00:07:45
12	32	Geir Føleide	20-39	BERGEN	01:08:13	00:07:55
13	65	Horgen André	40-49	SKARPHEDIN IL	01:08:27	00:08:09
14	55	Ivan Christophersen	20-39	TEAM GIANT TRIATHLON	01:08:56	00:08:37
15	56	Steinar Sæther	20-39	UIOBIL	01:10:31	00:10:13
16	42	Kristian Magnus Lingsom	20-39	JUTUL	01:10:44	00:10:25
17	70	Hans Magne Holst	40-49	TØNSBERG TRIATHLONKLUBB	01:13:53	00:13:35
18	72	Bjørn Husby	40-49	SILKESTRÅ	01:15:26	00:15:08
19	59	Ole Johan Føske Johnsen	20-39	TØNSBERG	01:15:40	00:15:21
20	31	Henrik Hellevik Larsen	20-39	TØNSBERG TRIATHLON	01:15:54	00:15:36
21	62	Jon Arne Hansen	20-39	STOKKE BRANNVESEN	01:16:36	00:16:18
22	45	Frode Iversen	20-39	NORDIC GYM	01:18:25	00:18:07
23	47	Rune Magnus Thomassen	20-39	TØNSBERG TRIATHLONKLUBB	01:19:44	00:19:26
24	38	Tobias Ruud Elvestad	20-39	HORTEN	01:20:25	00:20:07
25	37	Erik Gurmark	20-39	TØNSBERG TRIATHLON	01:21:05	00:20:47
26	60	Vidar Tuengen	20-39	TCK	01:21:30	00:21:12
27	35	Audun Kleven	20-39	KVH NORWAY	01:22:16	00:21:58
28	51	Frode Jordahl	20-39	OSEBERG SKIALG	01:24:20	00:24:02
29	75	Bjørn Risa	60pluss	TØNSBERG TRIATHLON	01:24:43	00:24:25
30	49	Anders Tuengen	20-39	TCK	01:24:49	00:24:31
31	30	Christoffer Andre Næss	16-19	RE SYKKELKLUBB	01:24:53	00:24:35
32	41	Nicolay Skovly	20-39	TØNSBERG	01:24:56	00:24:38
33	39	Frode Røte	20-39	ASKØY STK	01:24:56	00:24:38
34	36	Ole Peder Moe	20-39	MYHRVOLD	01:24:59	00:24:41
35	67	Håvard Nordbø	40-49	TØNSBERG TRI	01:25:04	00:24:45
36	68	Øyvind Støren	40-49	SKARPHEDIN	01:26:51	00:26:33
37	53	Christer Iversen	20-39	OSLOFJORD TRIATLON	01:28:35	00:28:17
38	77	Abrahamsen Espen	20-39	TØNSBERG TRI	01:30:20	00:30:02
39	74	Bjørn Morten Thune	50-59	STOKKE/VEAR	01:41:45	00:41:27

Antall: 39

Ringshaugdysten Triathlon

26.06.2011

Kort Stafett

Klasse Resultatliste

Stafett

Lag Navn	Plass	StNr	Tid	Bak	Swim Tid__Rank	T1 Tid__Rank	Cycle Tid__Rank	T2 Tid__Rank	Run Tid__Rank
Team Flints Forever Linda Anita Kirsten	1	100	01:34:23	00:00:00	00:16:13 1	00:01:27 1	00:47:53 1	00:00:39 1	00:28:09 1