

AURLANDSFJELLET XTREME TRIATHLON 2011

RESULTS

Rank	Start nr	Name	Club	Class	Class rank	Total time	Swim	T1	Bike	T2	Run
1	5	Wolfgang Seidl	derTriathlon.com Fürstenfeld	M30-39	1	6:44:12	0:29:00	0:02:58	3:48:37	0:02:08	2:21:29
2	173	Sindre Viberg	Lillehammer CK	M30-39	2	7:05:25	0:38:21	0:04:44	3:46:00	0:03:20	2:33:00
3	1	Marius Askautrud	SK Rye / Veritas BIL	M20-29	1	7:09:44	0:31:15	0:03:15	4:01:38	0:02:26	2:31:10
4	32	Vincent van Lieshout	TV stein	M30-39	3	7:27:35	0:30:10	0:05:42	3:59:27	0:03:08	2:49:08
5	11	André Pedersen	Team Zeros to Heroes	M20-29	2	7:31:06	0:29:10	0:02:19	4:27:41	0:02:53	2:29:03
6	3	Ralph Castelberg	Rad-Air Snowboards	M30-39	4	7:37:05	0:29:07	0:02:52	4:11:56	0:03:25	2:49:45
7	31	Torstein Skage	Bergen Triathlon Club	M30-39	5	7:39:08	0:39:25	0:03:55	4:14:24	0:03:16	2:38:08
8	160	Nicolay Eskildsen	Kjekkas IF	M20-29	3	7:41:18	0:32:12	0:03:06	4:08:55	0:06:25	2:50:40
9	156	Martin Konrad	SU Tri Styria	M20-29	4	7:43:34	0:32:26	0:03:00	4:11:52	0:02:42	2:53:34
10	129	Eirik Johannessen	Beinet Test Team	M20-29	5	7:47:38	0:32:44	0:03:10	4:22:31	0:05:04	2:44:09
11	22	Neil Young	Dundee Uni Tri Club	M30-39	6	7:50:59	0:32:59	0:02:41	4:30:25	0:04:02	2:40:52
12	43	Asbjørn Skoglund	Sauda sykkelklubb	M30-39	7	7:52:04	0:37:15	0:05:55	4:24:31	0:04:54	2:39:29
13	49	Elin Steinsbø Fylkesnes	Bømlo sykkelklubb	F30-39	1	7:52:36	0:42:25	0:04:21	4:25:34	0:02:08	2:38:08
14	66	Sverre Simonsen	Bergen Triathlon Club	M30-39	8	7:57:06	0:35:56	0:03:14	4:31:46	0:02:01	2:44:09
15	69	Tom Bergene	Nedre Eiker	M30-39	9	7:58:54	0:34:58	0:05:47	4:25:29	0:04:02	2:48:38
16	4	Thomas Tunst	derTriathlon.com	M30-39	10	7:59:23	0:32:42	0:02:26	4:43:04	0:02:38	2:38:33
17	17	Bjarne Boge	Bergen Triathlon Club	M40-49	1	8:00:24	0:41:15	0:04:50	4:20:41	0:05:27	2:48:11
18	175	Steinar Kålås	Bergen Triathlon Club	M40-49	2	8:03:21	0:44:58	0:08:30	4:25:36	0:03:03	2:41:14
19	24	Ove Borge	Bergen Triathlon Club	M40-49	3	8:04:37	0:34:30	0:04:09	4:32:16	0:03:25	2:50:17
20	152	Kenneth Haugland	Fana IL	M30-39	11	8:07:29	0:33:50	0:03:06	4:27:34	0:02:07	3:00:52
21	165	Petter Bjelkerøy	Bergen Triathlon Club	M20-29	6	8:09:35	0:45:19	0:08:13	4:30:35	0:04:06	2:41:22
22	21	Lars Ursin	Trondheim Triatlonklubb	M40-49	4	8:11:53	0:32:18	0:02:57	4:47:10	0:03:01	2:46:27
23	65	Svein Vestøl	Fk Jerv	M30-39	12	8:18:54	0:36:58	0:07:32	4:45:48	0:02:22	2:46:14
24	14	Frank Vagstad	Bergen Triathlon Club	M30-39	13	8:19:22	0:32:32	0:04:32	4:28:56	0:02:04	3:11:18
25	13	Eyvind Kartveit	Sjøkrigsskolen	M30-39	14	8:20:08	0:31:28	0:02:06	4:37:58	0:04:40	3:03:56

26	141	Helge Haugsdal	Bergen Triathlon Club	M40-49	5	8:21:38	0:45:24	0:08:18	4:24:53	0:05:48	2:57:15
27	30	Roger Kristoffersen	Askøy Sykkel- og Triathlonkl	M40-49	6	8:25:04	0:32:10	0:04:23	4:41:43	0:04:14	3:02:34
28	16	Jochen Massing	derTriathlon.com Fürstenfel	M30-39	15	8:25:40	0:29:50	0:03:54	4:37:13	0:03:23	3:11:20
29	110	Aleksander Laahne	Lørenskog CK/Bama	M20-29	7	8:26:22	0:27:25	0:03:33	4:35:42	0:02:22	3:17:20
30	149	Jørgen Blystad Houge	Den Norske Turistforening	M20-29	8	8:30:03	0:36:50	0:07:40	4:30:45	0:05:20	3:09:28
31	99	Robert Karban	0	M40-49	7	8:30:06	0:30:58	0:03:15	4:41:57	0:07:38	3:06:18
32	185	Trygve Kristiansen	Beinet test team	M20-29	9	8:32:41	0:42:22	0:04:06	4:29:41	0:03:23	3:13:09
33	10	Anders Naucler	Stockholmspolisens IF	M30-39	16	8:33:56	0:30:58	0:06:52	4:44:10	0:05:22	3:06:34
34	125	Christopher Gjeitrem	0	M20-29	10	8:34:48	0:32:25	0:05:18	4:58:07	0:04:17	2:54:41
35	56	Knut Grimstad	Bergen Triathlon Club	M50-59	1	8:35:05	0:30:58	0:02:25	4:41:49	0:03:45	3:16:08
36	182	Tron Dalheim		M40-49	8	8:35:36	0:40:39	0:07:06	4:44:55	0:03:35	2:59:21
37	70	Torbjørn Os	Førde CK	M40-49	9	8:39:21	0:33:56	0:06:01	4:46:54	0:05:28	3:07:02
38	90	James Watson		M30-39	17	8:39:55	0:36:51	0:05:17	4:25:23	0:05:16	3:27:08
39	63	Rune Grytnes	Strik	M30-39	18	8:44:41	0:30:21	0:04:01	5:01:25	0:02:43	3:06:11
40	67	Terje Salvigsen		M40-49	10	8:45:48	0:33:21	0:03:59	5:20:33	0:03:06	2:44:49
41	46	Bjørn Christian Borg	Bogafjell sykleklubb/Strik	M30-39	19	8:46:01	0:30:00	0:05:25	4:51:12	0:04:43	3:14:41
42	28	Richard Bains	Tritalk	M40-49	11	8:46:42	0:31:28	0:04:02	4:56:40	0:03:36	3:10:56
43	171	Simen Killingmo	Tolga IL	M20-29	11	8:47:20	0:32:50	0:07:20	5:05:13	0:07:46	2:54:11
44	84	Christoffer Bremvåg	Team Marits	M20-29	12	8:48:43	0:35:20	0:07:25	4:50:20	0:04:56	3:10:42
45	51	Hans Olav Nybø	Bergen Triathlon Club	M40-49	13	8:49:26	0:41:53	0:06:00	4:43:55	0:04:27	3:13:11
45	118	Bjart Are Hellen		M40-49	13	8:49:26	0:39:35	0:04:05	5:04:19	0:05:04	2:56:23
47	162	Olav Marcus Wendel	Skanska aktiv	M20-29	13	8:50:07	0:32:57	0:04:31	4:45:21	0:02:48	3:24:30
48	176	Svenn-Ivar Svendsen	Trondheim triatlonklubb	M30-39	20	8:50:13	0:32:51	0:03:06	4:45:23	0:05:41	3:23:12
49	12	Dave Chapman		M30-39	21	8:51:17	0:26:19	0:02:28	5:24:55	0:05:57	2:51:38
50	58	Lars Roar Uggerud	Krigsskolen	M20-29	14	8:52:16	0:36:27	0:03:08	5:00:38	0:04:09	3:07:54
51	154	Lars Olav Stavnes	SKSK	M20-29	15	8:55:01	0:34:04	0:04:08	4:55:38	0:05:40	3:15:31
52	72	Torodd Lybeck	Oslofjord Triatlon	M50-59	2	9:00:36	0:44:58	0:07:11	5:11:20	0:07:46	2:49:21
53	44	Åslaug Golf Kaardal		F30-39	2	9:01:48	0:37:16	0:06:49	5:15:32	0:03:44	2:58:27
54	57	Lars Bucher Johannessen	Bergen Triathlon Club	M30-39	22	9:02:18	0:35:40	0:04:05	4:49:45	0:04:34	3:28:14
55	169	Roger O. Nordby	Nesodden IF/SK	M40-49	14	9:03:37	0:44:37	0:06:13	5:05:10	0:02:18	3:05:19
56	134	Frederik Årvik	Lier IL	M20-29	16	9:06:16	0:33:40	0:05:27	5:03:19	0:03:37	3:20:13
57	150	Jørgen Ruud	0	M20-29	17	9:06:35	0:34:12	0:04:29	4:48:05	0:07:54	3:31:55

58	132	Erik Løvby	0	M30-39	23	9:07:37	0:38:13	0:08:37	5:02:32	0:08:44	3:09:31
59	140	Hans Stødle	Sauda sykkelklub	M50-59	3	9:10:02	0:33:25	0:03:31	4:50:13	0:03:49	3:39:04
60	52	Ivar Stubhaug Røthing	0	M20-29	18	9:11:35	0:30:08	0:02:54	5:02:38	0:04:33	3:31:22
61	126	Dag Kilen	Oslofjord	M30-39	24	9:16:11	0:41:31	0:06:29	5:01:24	0:06:37	3:20:10
62	115	Arne Sørensen	Sauda IL	M40-49	15	9:17:50	0:35:15	0:06:21	5:02:08	0:04:15	3:29:51
63	85	Christoffer Strømberg	Team Salikatt	M20-29	19	9:25:21	0:33:16	0:05:34	5:31:20	0:03:08	3:12:03
64	177	Terje Andersen	TOOLS Norge BIL	M30-39	25	9:26:12	0:34:32	0:10:23	4:53:50	0:06:21	3:41:06
65	153	Kim Steinmo Olsen	Lørenskog Ck/ Bama	M20-29	20	9:26:46	0:34:07	0:08:22	4:27:36	0:06:02	4:10:39
66	128	Edgardo Torres	targetraining	M30-39	26	9:30:24	0:29:23	0:04:28	5:09:03	0:05:30	3:42:00
67	48	Dave Cox	North Dorset Tri Club	M40-49	16	9:30:34	0:31:27	0:04:54	4:55:50	0:07:12	3:51:11
68	47	Dag Giertsen	Bergen Triathlon Club	M30-39	27	9:31:09	0:32:04	0:06:21	5:21:53	0:05:30	3:25:21
69	19	Kjell Bech		M20-29	21	9:35:42	0:29:13	0:05:04	5:33:22	0:06:59	3:21:04
70	71	Tore Fonn	Eiker CK/Statkraft bil	M30-39	28	9:35:53	0:42:28	0:07:46	5:05:21	0:09:02	3:31:16
71	68	Thomas Credland		M30-39	29	9:40:47	0:36:29	0:02:58	5:13:38	0:14:27	3:33:15
72	127	Dan Vasaru	Trondheim Triatlonklubb	M40-49	17	9:42:19	0:37:31	0:08:29	5:12:45	0:10:19	3:33:15
73	151	Karoline B. Teien	NTNUI	F20-29	1	9:43:29	0:44:47	0:06:58	5:46:15	0:06:51	2:58:38
74	59	Mats Bjånes	Bergen Triathlon Club	M40-49	18	9:47:58	0:37:53	0:07:22	5:00:09	0:09:19	3:53:15
74	86	Geir Inge Austbø	Askøy Sykkel- og Triathlonkl	M30-39	30	9:47:58	0:34:52	0:06:18	5:18:29	0:04:13	3:44:06
76	136	Frode Halrynjo Sunde	SKSK	M20-29	23	9:48:55	0:38:25	0:11:15	5:27:03	0:05:04	3:27:08
76	147	Jonas Sletten	SKSK	M20-29	23	9:48:55	0:36:20	0:06:25	5:29:06	0:05:27	3:31:37
78	23	Nicolas Albin	Evreux Triathlon	M40-49	19	9:52:51	0:35:46	0:03:39	5:09:58	0:04:40	3:58:48
79	117	Benedicte Kristoffersen	Askøy Sykkel og- Triathlonkl	F30-39	3	9:53:56	0:38:28	0:06:47	5:19:51	0:01:49	3:47:01
80	83	ChristenSkjerven	Bergen Triathlon Club	M30-39	31	9:58:59	0:40:14	0:08:06	5:24:50	0:06:11	3:39:38
81	27	Ralf op 't Broek	TV Stein	M30-39	32	9:59:30	0:27:35	0:06:32	5:41:48	0:08:08	3:35:27
82	15	Gareth Ellis	Edinburgh Triathletes	M30-39	33	10:00:40	0:30:10	0:04:09	5:33:25	0:07:38	3:45:18
82	25	Peter Cobb	Chester Tri	M40-49	20	10:00:40	0:29:07	0:02:54	5:39:13	0:04:08	3:45:18
84	87	Geir-Erik Myhrvold	Team Alvøen Norway	M40-49	21	10:01:33	0:36:13	0:08:07	5:28:36	0:04:42	3:43:55
85	80	Annie Ristebråten	Fagenes IL	F50-59	1	10:05:10	0:47:39	0:09:11	5:37:47	0:07:05	3:23:28
86	184	Trond Pedersen	ASTRIK/Follesø Mannskor	M40-49	22	10:09:23	0:39:36	0:06:44	5:47:44	0:04:14	3:31:05
87	139	Hanne Børsheim		F20-29	2	10:09:35	0:37:39	0:10:31	5:49:51	0:06:50	3:24:44
88	159	Naomi Shinkins	Tri London	F20-29	3	10:13:57	0:32:40	0:02:57	5:56:08	0:03:45	3:38:27
89	61	Petter Nuland		M30-39	34	10:15:09	0:31:55	0:03:55	5:45:22	0:06:21	3:47:36

90	143	Hogne Lerøy Sataöen	Varegg	M30-39	35	10:22:43	0:36:21	0:09:13	6:07:45	0:12:19	3:17:05
91	40	Aleksander Jankov	Leavenworth Tri-club	M30-39	36	10:25:21	0:30:48	0:05:42	6:05:50	0:07:52	3:35:09
92	135	Fredrik Helgesen	Beinet Test Team	M20-29	24	10:28:51	0:43:48	0:06:37	5:27:19	0:07:41	4:03:26
93	45	Aston Woodward	Royal Marines Tri Club	M30-39	37	10:30:21	0:35:27	0:04:58	5:40:00	0:33:09	3:36:47
94	180	Toralf Rutledal	BCK	M30-39	38	10:32:42	0:39:14	0:09:29	5:16:56	0:13:16	4:13:47
95	155	Martin Hauge-Nilsen	Kondis	M20-29	25	10:33:45	0:53:02	0:06:08	6:00:45	0:05:54	3:27:56
96	168	Robert Brynildsen	SKSK	M20-29	26	10:36:25	0:35:08	0:08:42	6:01:56	0:07:54	3:42:45
97	100	Stephen Mark Williams	Bergen Triathlon Club	M40-49	23	10:37:46	0:40:24	0:05:10	5:53:20	0:05:28	3:53:24
98	161	Nicolay Pjaaka Svendsen	VIL/SKSK	M20-29	27	10:45:28	0:33:33	0:06:47	6:15:20	0:08:10	3:41:38
99	111	Anders Lund	Fossum IF	M20-29	28	10:50:44	0:42:14	0:06:06	5:57:10	0:04:36	4:00:38
100	163	Ole Kristian Brattli	Trondheim Triatlonklubb	M30-39	39	10:50:58	0:35:15	0:06:30	5:57:55	0:07:11	4:04:07
101	122	Carl Henrik Graff	Holmenkollen CK	M20-29	29	10:55:29	0:38:40	0:06:25	6:04:01	0:08:10	3:58:13
102	144	Janicke Larsen	Bergen Triathlon Club	F30-39	4	10:59:20	0:49:59	0:07:01	5:51:37	0:07:18	4:03:25
103	186	Trygve Utstumo	NTNUI	M20-29	30	10:59:59	0:36:03	0:07:48	6:19:54	0:09:07	3:47:07
104	93	Kjartan Stornes	Bergen Triathlon Club	M40-49	24	11:02:32	0:43:03	0:07:42	5:55:35	0:08:48	4:07:24
105	170	Ruth Metcalf	0	F30-39	5	11:03:50	0:34:18	0:07:50	6:25:35	0:11:17	3:44:50
106	183	Trond Pedersen	Bergen Triathlon Club	M30-39	40	11:09:31	0:41:39	0:07:49	6:10:19	0:07:03	4:02:41
107	54	Jan Petter Hansen	Gular	M40-49	25	11:10:12	0:49:32	0:09:13	6:11:17	0:09:33	3:50:37
108	131	Erik Holthe	Sjøkrigsskolen	M20-29	31	11:15:56	0:37:30	0:06:45	6:24:30	0:06:00	4:01:11
109	113	Kjetil Bergflødt	TOOLS Norge BIL	M40-49	26	11:42:42	0:28:30	0:04:00	6:14:44	0:07:41	4:47:47
110	137	Haakon Bolstad	Ottadalen sk	M40-49	27	11:44:02	0:38:58	0:10:32	6:11:19	0:10:29	4:32:44
111	42	Andreas Rieger		M40-49	28	11:47:31	0:46:30	0:08:55	6:13:46	0:07:04	4:31:16
111	98	Øystein Stavø Høvig	ADFK	M20-29	32	11:47:31	0:51:24	0:07:32	6:42:34	0:06:30	3:59:31
113	146	Johannes Stevens	ZV de Punderman	M40-49	29	11:47:48	0:35:04	0:03:27	6:26:05	0:07:06	4:36:06
114	97	Ottar Røed	Oslofjord Triathlon	M50-59	4	11:49:14	0:39:37	0:04:03	6:39:49	0:09:37	4:16:08
115	89	Inge Blokhus	Follese Mannskor	M60-69	1	11:51:49	0:56:20	0:09:50	6:23:10	0:06:35	4:15:54
116	142	Henrik Østervold	Bergen Triathlon Club	M40-49	30	11:53:10	0:40:45	0:09:40	6:39:04	0:09:40	4:14:01
117	103	Håvard Blystad Rekdal	Nattlandsfjellet Vel	M17-19	1	12:20:46	0:34:20	0:11:33	6:52:33	0:00:00	4:42:20
118	145	Johan Sandsbraaten		M20-29	33	13:21:05	0:56:20	0:07:35	6:53:15	0:11:35	5:12:20