Halden Ultraintervall - Resultater 2013

Start nr.	Navn	Lag	Født	Totaltid	Total Km	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5	Løp 6	Løp 7	Løp 8	Snitt pr. Løp	Snitt pr. Km
161	Kim Olsen		1976	**2:06:33**	30	00:41:21	00:42:18	00:42:54						0:42:11	0:04:13
179	Jan Wilhelm Werner	Bergen Triathlon Club	1961	**2:10:44**	30	00:44:17	00:43:29	0:42:58						0:43:35	0:04:21
158	Arne Chr. Folmer	Halden IL	1966	**2:10:45**	30	00:43:27	00:43:42	00:43:36						0:43:35	0:04:21
139	Andreas Johnsen Gossner	Romerike Ultraløperklubb	1973	**2:13:43**	30	00:42:48	00:44:27	00:46:28						0:44:34	0:04:27
166	Erik Andersen	Østmarka IL Triathlon	1981	**2:15:52**	30	00:46:39	00:45:00	00:44:13						0:45:17	0:04:32
160	Tom Leonardsen	Oslo politiidrettslag	1963	**2:21:22**	30	00:46:39	00:47:31	00:47:12						0:47:07	0:04:43
150	Even Nedberg	Privat	1977	**2:21:34**	30	00:47:39	00:46:31	00:47:24						0:47:11	0:04:43
173	Roberth Haugland	SK Kraft	1976	**2:21:51**	30	00:47:54	00:46:32	0:47:25						0:47:17	0:04:44
176	Therese Falk		1975	**2:22:46**	30	00:47:58	00:47:38	0:47:10						0:47:35	0:04:46
138	Marianne Følling	Romerike Ultraløperklubb	1962	**2:23:02**	30	00:47:56	00:47:56	00:47:10						0:47:41	0:04:46
162	Jan kr. Bråten-Obel	Hytteplan sport	1969	**2:23:08**	30	00:47:51	00:47:32	00:47:45						0:47:43	0:04:46
130	Hilde Johansen	Romerike Ultraløperklubb	1973	**2:25:48**	30	00:49:15	00:47:52	00:48:41						0:48:36	0:04:52
178	Tor Einar Johansen	Oladalen vel	1976	**2:31:51**	30	00:50:26	00:50:21	0:51:04						0:50:37	0:05:04
159	Helge Reinholt	Treungen IL	1967	**2:31:52**	30	00:51:04	00:50:17	00:50:31						0:50:37	0:05:04
164	Martin Roos	Strömstad löparklubb	1975	**2:33:16**	30	00:50:27	00:51:09	00:51:40						0:51:05	0:05:07
163	Victor Borge Svendsen	Spenst Halden	1995	**2:33:44**	30	00:51:05	00:50:41	00:51:58						0:51:15	0:05:07
174	Geir Andre Skjæret		1971	**2:35:09**	30	00:51:07	00:50:18	0:53:44						0:51:43	0:05:10
168	Ole Richard Holm-Olsen	Halden IL	1972	**2:36:01**	30	00:54:03	00:46:48	00:55:10						0:52:00	0:05:12
153	Kåre Lona	Romerike Ultraløperklubb	1968	**2:39:43**	30	00:52:51	00:54:14	00:52:38						0:53:14	0:05:19
156	Wibeke Andersen	Fredrikstad private tannhelsesent	1973	**2:39:45**	30	00:52:52	00:54:14	00:52:39						0:53:15	0:05:20
170	Sondre Weum Johansen	Privat	1983	**2:41:02**	30	00:52:21	00:52:26	00:56:15						0:53:41	0:05:22
147	Ola Thomasson		1978	**2:41:45**	30	00:53:07	00:53:02	00:55:36						0:53:55	0:05:24
149	Endre Vindheim	Spiridon LLL	1964	**2:42:27**	30	00:54:04	00:54:17	00:54:06						0:54:09	0:05:25
172	Stian Bøhmer	S&F pil	1977	**2:44:40**	30	00:52:52	00:54:20	0:57:28						0:54:53	0:05:29
157	Stein-Vidar Torø	Tofte Fremad IF	1969	**2:46:07**	30	00:54:44	00:56:54	00:54:29						0:55:22	0:05:32
169	Tom Larsen	Romerike Ultraløperklubb	1967	**2:50:51**	30	00:53:59	00:57:07	00:59:45						0:56:57	0:05:42
171	Ottar Røed	Romerike Ultraløperklubb	1959	**2:53:50**	30	00:56:56	00:57:08	00:59:46						0:57:57	0:05:48
167	Julie Glorvigen Apeland		1995	**2:57:30**	30	00:54:02	01:08:50	00:54:38						0:59:10	0:05:55
155	Leif Abrahamsen	Romerike Ultraløperklubb	1969	**3:00:09**	30	00:53:05	01:01:45	01:05:19						1:00:03	0:06:00
165	Knut Kronstad	Romerike Ultraløperklubb	1953	**3:18:48**	30	01:02:53	01:06:12	01:09:43						1:06:16	0:06:38
Beste Tid				**2:06:33**		0:41:21	0:42:18	0:42:54						0:42:11	0:04:13
Snitt tid				**2:33:51**		0:50:31	0:51:21	0:51:59						0:51:17	0:05:08