

Halden Ultraintervall - Resultater 2013



| Start | | | | | | | | | | | | | | Snitt pr. | Snitt pr. |
|------------------|-------------------------|-----------------------------------|------|----------------|----------|----------|----------|----------|----------|-------|-------|-------|-------|-----------|-----------|
| nr. | Navn | Lag | Født | Totaltid | Total Km | Løp 1 | Løp 2 | Løp 3 | Løp 4 | Løp 5 | Løp 6 | Løp 7 | Løp 8 | Løp | Km |
| 161 | Kim Olsen | | 1976 | 2:50:39 | 40 | 00:41:21 | 00:42:18 | 00:42:54 | 00:44:06 | | | | | 0:42:40 | 0:04:16 |
| 179 | Jan Wilhelm Werner | Bergen Triathlon Club | 1961 | 2:54:48 | 40 | 00:44:17 | 00:43:29 | 0:42:58 | 00:44:04 | | | | | 0:43:42 | 0:04:22 |
| 158 | Arne Chr. Folmer | Halden IL | 1966 | 2:55:27 | 40 | 00:43:27 | 00:43:42 | 00:43:36 | 00:44:42 | | | | | 0:43:52 | 0:04:23 |
| 166 | Erik Andersen | Østmarka IL Triathlon | 1981 | 3:00:25 | 40 | 00:46:39 | 00:45:00 | 00:44:13 | 00:44:33 | | | | | 0:45:06 | 0:04:31 |
| 139 | Andreas Johnsen Gossner | Romerike Ultraløperklubb | 1973 | 3:01:20 | 40 | 00:42:48 | 00:44:27 | 00:46:28 | 00:47:37 | | | | | 0:45:20 | 0:04:32 |
| 150 | Even Nedberg | Privat | 1977 | 3:10:00 | 40 | 00:47:39 | 00:46:31 | 00:47:24 | 00:48:26 | | | | | 0:47:30 | 0:04:45 |
| 176 | Therese Falk | | 1975 | 3:11:01 | 40 | 00:47:58 | 00:47:38 | 0:47:10 | 00:48:15 | | | | | 0:47:45 | 0:04:47 |
| 160 | Tom Leonardsen | Oslo politidrettslag | 1963 | 3:11:04 | 40 | 00:46:39 | 00:47:31 | 00:47:12 | 00:49:42 | | | | | 0:47:46 | 0:04:47 |
| 162 | Jan kr. Bråten-Obel | Hytteplan sport | 1969 | 3:11:11 | 40 | 00:47:51 | 00:47:32 | 00:47:45 | 00:48:03 | | | | | 0:47:48 | 0:04:47 |
| 173 | Roberth Haugland | SK Kraft | 1976 | 3:11:30 | 40 | 00:47:54 | 00:46:32 | 0:47:25 | 00:49:39 | | | | | 0:47:53 | 0:04:47 |
| 138 | Marianne Følling | Romerike Ultraløperklubb | 1962 | 3:13:14 | 40 | 00:47:56 | 00:47:56 | 00:47:10 | 00:50:12 | | | | | 0:48:19 | 0:04:50 |
| 130 | Hilde Johansen | Romerike Ultraløperklubb | 1973 | 3:14:57 | 40 | 00:49:15 | 00:47:52 | 00:48:41 | 00:49:09 | | | | | 0:48:44 | 0:04:52 |
| 159 | Helge Reinholt | Treungen IL | 1967 | 3:22:30 | 40 | 00:51:04 | 00:50:17 | 00:50:31 | 00:50:38 | | | | | 0:50:37 | 0:05:04 |
| 178 | Tor Einar Johansen | Oladalen vel | 1976 | 3:24:24 | 40 | 00:50:26 | 00:50:21 | 0:51:04 | 00:52:33 | | | | | 0:51:06 | 0:05:07 |
| 164 | Martin Roos | Strømstad løparklubb | 1975 | 3:25:42 | 40 | 00:50:27 | 00:51:09 | 00:51:40 | 00:52:26 | | | | | 0:51:26 | 0:05:09 |
| 163 | Victor Borge Svendsen | Spent Halden | 1995 | 3:26:08 | 40 | 00:51:05 | 00:50:41 | 00:51:58 | 00:52:24 | | | | | 0:51:32 | 0:05:09 |
| 174 | Geir Andre Skjæret | | 1971 | 3:32:07 | 40 | 00:51:07 | 00:50:18 | 0:53:44 | 00:56:58 | | | | | 0:53:02 | 0:05:18 |
| 153 | Kåre Lona | Romerike Ultraløperklubb | 1968 | 3:34:04 | 40 | 00:52:51 | 00:54:14 | 00:52:38 | 00:54:21 | | | | | 0:53:31 | 0:05:21 |
| 156 | Wibeke Andersen | Fredrikstad private tannhelsesent | 1973 | 3:34:07 | 40 | 00:52:52 | 00:54:14 | 00:52:39 | 00:54:22 | | | | | 0:53:32 | 0:05:21 |
| 149 | Endre Vindheim | Spiridon LLL | 1964 | 3:40:26 | 40 | 00:54:04 | 00:54:17 | 00:54:06 | 00:57:59 | | | | | 0:55:06 | 0:05:31 |
| 170 | Sondre Weum Johansen | Privat | 1983 | 3:40:27 | 40 | 00:52:21 | 00:52:26 | 00:56:15 | 00:59:25 | | | | | 0:55:07 | 0:05:31 |
| 168 | Ole Richard Holm-Olsen | Halden IL | 1972 | 3:42:14 | 40 | 00:54:03 | 00:46:48 | 00:55:10 | 01:06:13 | | | | | 0:55:33 | 0:05:33 |
| 147 | Ola Thomasson | | 1978 | 3:43:02 | 40 | 00:53:07 | 00:53:02 | 00:55:36 | 01:01:17 | | | | | 0:55:46 | 0:05:35 |
| 157 | Stein-Vidar Torø | Tofte Fremad IF | 1969 | 3:43:04 | 40 | 00:54:44 | 00:56:54 | 00:54:29 | 00:56:57 | | | | | 0:55:46 | 0:05:35 |
| 172 | Stian Bøhmer | S&F pil | 1977 | 3:44:11 | 40 | 00:52:52 | 00:54:20 | 0:57:28 | 00:59:31 | | | | | 0:56:03 | 0:05:36 |
| 169 | Tom Larsen | Romerike Ultraløperklubb | 1967 | 3:53:20 | 40 | 00:53:59 | 00:57:07 | 00:59:45 | 01:02:29 | | | | | 0:58:20 | 0:05:50 |
| 167 | Julie Glorvigen Apeland | | 1995 | 3:54:36 | 40 | 00:54:02 | 01:08:50 | 00:54:38 | 00:57:06 | | | | | 0:58:39 | 0:05:52 |
| 171 | Ottar Røed | Romerike Ultraløperklubb | 1959 | 3:56:18 | 40 | 00:56:56 | 00:57:08 | 00:59:46 | 01:02:28 | | | | | 0:59:05 | 0:05:54 |
| 155 | Leif Abrahamsen | Romerike Ultraløperklubb | 1969 | 4:10:56 | 40 | 00:53:05 | 01:01:45 | 01:05:19 | 01:10:47 | | | | | 1:02:44 | 0:06:16 |
| 165 | Knut Kronstad | Romerike Ultraløperklubb | 1953 | 4:31:43 | 40 | 01:02:53 | 01:06:12 | 01:09:43 | 01:12:55 | | | | | 1:07:56 | 0:06:48 |
| Beste Tid | | | | 2:50:39 | | 0:41:21 | 0:42:18 | 0:42:54 | 0:44:04 | | | | | 0:42:40 | 0:04:16 |
| Snitt tid | | | | 3:28:10 | | 0:50:31 | 0:51:21 | 0:51:59 | 0:54:19 | | | | | 0:52:02 | 0:05:12 |