

Fredrikstad Maraton Historikk

Navn	Klubb	Bestetid	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	Ant.
Ackenhausen, Øystein	Spiridon LLL	04:53:31		04:53:31	05:17:42	05:14:50	05:16:14	05:43:11	05:53:43	05:28:41	05:34:42	05:53:49	06:09:39	06:09:44	06:38:11	12
Skoog, Lennart	Stenungsunds OK	03:42:50	03:42:50	03:50:07	04:15:59	03:55:03	04:13:03	04:12:45		04:12:12	04:22:11	04:28:25	04:23:39	04:47:44	04:45:20	12
Tømte, Sjur	Fredrikstad IF	03:26:03		03:45:24	03:53:25	03:37:19	03:32:53	03:34:16	03:55:21	03:29:32	03:26:03	03:30:43	03:34:36	03:29:12	03:36:57	12
Jansen, Svein Oskar	Fredrikstad IF	04:13:58		04:14:33	04:21:28	04:13:58		04:52:39	04:55:00	04:23:29	04:49:19	04:52:19	05:11:20	04:55:52	05:11:43	11
Skogen, Grid	Fredrikstad IF	03:44:45	03:59:40	03:57:44	03:54:37		03:44:45	03:58:56	03:53:29	03:46:23	04:02:55	03:45:01	03:49:36	04:11:16		11
Sognlien, Tom	Fredrikstad IF	03:23:41	03:54:35	03:27:37	03:26:12	03:54:53		04:12:42	03:29:28	03:23:41	03:30:57	03:36:11		03:36:44	04:17:44	11
Hassing, Tove	Fredrikstad IF	03:55:22	04:07:34	03:57:44	03:59:31	03:55:22	03:58:48	03:58:57	04:13:36	04:02:51	04:06:25					9
Lundby, Arne	Sandefjord	04:04:15		04:04:15	04:35:37	04:05:44	04:07:25	04:26:08	04:28:56	04:37:08	04:39:39	04:58:51				9
Weydahl, Jon	Drøbak Maratonklubb	03:45:37			03:49:10	03:53:16	03:47:19	03:45:37	03:49:01	03:57:43			04:01:01	04:07:52	04:15:50	9
Baldursson, Pall	Torda B.I.L	03:24:17		03:24:17	03:26:03	03:29:16	03:26:35	03:35:41			03:56:31	03:57:02	04:14:15			8
Dammen, Arild	Hedalen IL	04:18:44			04:34:44	04:33:40	04:18:44	04:21:34	04:35:32	04:37:08	04:39:21	05:09:11				8
Gjerde, Bjørn	IL I BUL	02:59:37		02:59:37	03:04:40	03:07:18	03:03:29	03:09:16	03:13:00					03:23:41	03:27:18	8
Halland, Jan	Statkraft NORE BIL	02:48:32		03:10:49	02:53:06	02:48:32	02:53:02	02:54:27		02:54:23		02:50:16	02:54:48			8
Hasvold, Arne	Horten Friidrettsklubb	03:29:47				03:29:47		03:36:16	03:47:24	03:36:02	03:45:44	03:47:32	04:05:22		04:30:59	8
Pettersen, Svein	Kondis	03:57:09		04:03:00	03:57:09	04:33:40	04:13:49	04:26:22	04:40:44	04:53:59	04:38:18					8
Svensson, Terje	Fredrikstad IF	03:49:27				03:58:52	04:18:28			03:55:35	04:09:17	03:49:27	04:26:40	04:04:10	04:10:18	8
Friis, Dag Sture Eine	Frikransen	03:53:20	04:23:23	03:53:20	04:19:04	04:15:05	04:34:19	04:45:03	05:13:18							7
Hammer, Jarle	Nittedal I.L.	03:47:40		03:47:40	04:26:36	04:02:16	04:00:04			04:19:15	04:15:41			04:46:08		7
Hauge, Lars	Greåker IF	03:22:22			03:34:45		03:26:23	03:29:13	03:35:08	03:37:59			03:29:16		03:22:22	7
Rødde, Bård	Lånke IL	03:35:09			03:35:13	03:35:09	03:49:38	03:39:09	04:15:09	03:48:53				04:25:07		7
Tveit, Odd Gunnar	Birkenes IL	02:58:31		03:18:11					03:05:07		03:03:11	02:58:31	03:15:05	03:14:30	03:23:02	7
Aasbø, Henrik	RAINDAL IL	03:46:57						03:46:57	04:19:44		04:10:50	04:06:30		04:27:51	04:28:36	6
Gurandsrud, Jørgen	Fredrikstad IF	04:11:53		04:12:03	04:11:53	04:28:04		04:23:02	04:29:17	04:13:52						6
Jensen, Åge	Romerike Runners Team	03:49:47			03:55:33		03:49:47	03:59:26	03:55:22	04:09:19			04:12:57			6
Kraugerud, Frode	Rakkestad	03:06:06						03:13:44	03:08:24	03:06:06		03:10:56	03:13:13		03:28:45	6
Magnussen, Ernst	Fredrikstad IF	03:52:09		03:52:09		03:54:05	04:04:26	04:04:30	04:16:55	04:34:09						6
Skar, Einar	Fredrikstad IF	04:43:08			05:01:58	04:48:46	05:04:04		04:43:08	05:01:33					04:53:48	6
Skogvang, Kjell	Kondis	03:39:17				03:39:17	03:42:36	04:23:56	04:24:26	03:45:55	03:48:28					6
Tegner, Edgar	Fredrikstad IF	04:25:02		04:32:47	04:54:48	04:50:31	04:39:41	04:25:02	04:52:55							6
Ullström Jan-Erik	Vi Som Springer	04:15:33				04:22:04	04:15:33		04:23:41	04:35:31	04:42:45	05:14:22				6
Wakelin, Ross	Narvik IL	02:52:30		02:52:30				03:47:20			03:25:24		03:13:53	03:31:02	03:21:21	6
Weydahl, Birger	Drøbak Maratonklubb	04:34:41				04:34:41		04:38:59	04:41:46		05:18:53		05:16:32	05:10:29		6
Christiansen, Magne	Fredrikstad IF	04:08:09	04:08:09	04:20:15	04:21:54	04:15:27		04:34:21								5
Collier, Stephen Glen	Atomen Halden BIL	03:47:43									03:56:40	03:53:07	03:59:13	03:51:56	03:47:43	5
Englund, Tommy	Ok Grane	03:46:25		03:46:25				04:04:54	04:09:05	04:27:18					05:10:24	5

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Fæhn, Gunnar	Skildpaddene	03:58:39		04:19:44	04:20:03	03:58:39	04:46:45	04:07:35									5
Gjølstad, Ketil		03:58:04	04:34:30	04:45:00	04:05:26	03:58:04				04:56:34							5
Guttulsrud, Ole	Ryggejoggen	03:17:22					03:29:07	03:17:22	03:25:51		03:20:12				03:34:31		5
Hansen, Morten	Drøbak Maratonklubb	03:23:54		03:23:54			03:35:09	03:30:19			03:41:27		03:41:23				5
Haugen, Inge Asbjørn	Hornindal IL	03:43:03	03:43:03					03:51:22	04:06:26	03:51:25					04:54:18		5
Johnsen, Gisle	HAUKEN IL / PT GISLE	02:54:54								03:10:31	02:54:54		02:56:37	03:08:49	03:08:00		5
Karlsrud, Roger	Moss Marathonklubb	03:19:45				03:34:06	03:19:45			03:29:17	03:45:41	03:52:11					5
Larsen, Kim Aaril	Skeid	03:03:31				03:06:08	03:03:31	03:04:05	03:07:06							03:08:56	5
Mortensen, Tore	Ravn BIL	03:24:52		03:24:52	04:15:28		03:38:17	04:18:58	03:43:05								5
Neeraas, Øivind	Kondis	04:13:10				04:29:42	04:25:20	04:13:10	04:28:50		04:38:18						5
Rhode-Moe, Tom	Fredrikstad IF	04:15:48			04:25:56	04:15:48	04:16:44	04:51:54		04:45:30							5
Andersen, Roy Freddy	Fredrikstad IF	03:16:32										03:21:38	03:20:21	03:16:32	03:23:24		4
Bakken, Wiggo	Jevnaker IF	04:17:12				04:17:12	04:19:59							05:13:23	05:22:38		4
Bennett, Tim	SK Vidar	03:24:44				03:37:38	03:24:44					03:43:29				03:25:59	4
Bertelsen, Tom Rune	Drammen Kickboksingklubb	03:57:38						03:57:38	03:58:50				04:08:29	04:05:39			4
Blaafjeldal, Vidar	Statoil B.I.L	03:46:06					03:46:06		03:57:23				03:58:50	04:13:25			4
Diskerud, Ingar	Mysen Vin & Maratonklubb	03:24:47						03:42:19	03:24:47	03:42:32						04:23:02	4
Dørum, Lars Chr.	Skimilajoggen	03:09:43					03:32:41	03:19:41				03:17:36			03:09:43		4
Hansen, Anders	Krapfoss Maratonklubb	03:18:10	03:31:18	03:18:10	03:31:49	03:33:28											4
Hongseth, Nina Annette	Ditt Tempo	03:25:10			03:39:34	03:26:02	03:25:10	03:28:03									4
Johansen, Kjell Arne	Fredrikstad IF	03:47:37				04:03:27				03:58:48	03:50:37		03:47:37				4
Josefsen, Kristin	Fredrikstad IF	03:48:46							04:06:26			03:48:46	04:03:26		04:07:13		4
Karlsson, Torbjørn	Arvika LK	03:36:39		03:36:39	03:39:28	03:53:22		03:43:57									4
Karlsvik, Linn	SK RYE	03:23:19									03:59:04	03:51:26	03:33:52	03:23:19			4
Kristensen, Thore	Romerike Ultraløperklubb	03:19:34		03:19:34	03:23:22			03:27:46				03:45:46					4
Leganger, Erlend		03:52:02										03:52:02	04:28:56	03:56:54	03:58:56		4
Lieberknecht, Lasse	Fredrikstad IF	03:16:55						03:32:47		03:38:16			03:16:55	03:21:02			4
Moen, Ketil	Kondis	04:18:05		04:27:50				04:46:45	04:18:05		04:49:28						4
Nilsen, Trond	Fredrikstad IF	03:27:26								03:27:26	03:28:10		03:43:45	03:44:33			4
Nossom, Erik	Romerike Ultraløperklubb	03:36:37		03:53:55	03:48:44		03:42:45						03:36:37				4
Nygård, Ragnar	GØIF	03:58:21				03:58:21		04:17:22	04:23:31						03:59:12		4
Olsen, Thorbjørn	Fredrikstad IF	03:55:33	03:55:33	04:09:12	04:06:38	04:37:38											4
Thorstensen, Runar	Romerike Ultraløperklubb	03:55:20			03:56:05	03:55:46	03:55:20						04:17:56				4
Ulvåen, May	Fredrikstad IF	03:55:45								04:02:51	03:55:45		04:19:06	04:15:11			4
Waaalen, Kristian	Spiridon LLL	04:11:50										04:32:55	04:24:05	04:21:53	04:11:50		4
Wennemo, Erik	Gold's Gym Lillestrøm	03:41:54							03:48:51				03:58:16	03:41:54	03:58:44		4

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Aas, Jan Billy	Oppegård IL	03:04:05		03:32:16					03:04:05		04:18:53						3
Angelskår, Steinar	Fredrikstad IF	03:53:01		03:53:04							03:53:01	04:14:02					3
Bakken, Titina	ROMERIKE ULTRALØPERKLUBB	04:32:54											04:48:59	04:47:23	04:32:54		3
Braathen, Ole Bjørn	Sjåstad/V.Lier	03:16:29						03:16:29	03:17:48	03:17:25							3
Bratlie, Henning	Gjensidige Sport	03:40:27							03:40:27	03:48:04			03:52:53				3
Bøhn, Rolf	Halden IL	03:13:42							03:13:42			03:28:40	03:27:27				3
Eide, Ottar A.	Romerike Runners Team	03:55:58		03:55:58	04:01:16			04:04:22									3
Eiksund, Ole Arne	Romerike Ultraløperklubb	03:10:49						03:10:49				03:18:31	03:39:04				3
Ellingsen, Bjarte	Norsk Luftambulanse	03:10:02				03:10:02				03:14:55		03:25:55					3
Fossheim, Rune	Kondis	03:24:48		03:26:23	03:24:48						03:34:58						3
Gjølberg, Trygve	FREDRIKSTAD TRIATHLON OG FREDRIKSTAD SYKKELKLUBB	04:06:14											04:19:17	04:06:14	04:13:23		3
Gulstuen, Per Gunnar	OBOS BIL	03:43:35			03:44:17	03:43:35	03:54:07										3
Hansen, Frank Robert	Kondis	03:47:11								03:47:11	04:16:19	04:41:37					3
Hanssen, Jan Frode	Råde Løpeklubb	04:13:31								04:13:31	04:27:28	04:22:47					3
Haugen, Nils	Lier Kommune B. I. L.	03:23:45		03:23:45	03:27:50			03:42:53									3
Holm-Olsen, Per Oscar	Løveløper	03:50:31			03:55:15		03:50:31				04:06:15						3
Hovden, Jon	TOTEN TRENINGSSENTER	03:48:20		03:48:20									04:12:30	04:05:26			3
Hovden, Åse, Sandberg	TOTEN TRENINGSSENTER	03:40:56		03:40:56									04:12:30	04:03:25			3
Kverneng, Hans	Storebrand Vestby / Kondis	03:47:15		03:47:15	04:01:58	04:24:22											3
Lima, Sigurd	Gjesdal IL	03:56:50		04:15:28							03:56:50				04:30:55		3
Mortensen, Tore	Justervesenet BIL	03:22:22										03:39:56	03:22:22	03:23:56			3
Nordlie, Rolf	Kongsvinger IL	04:28:52		04:29:12	04:40:59	04:28:52											3
Nordstrand, Malvin	NKS-Gruppen BIL	03:57:02		04:11:07	04:17:56	03:57:02											3
Nykvist, Jan	Vi Som Springer	03:59:32		04:01:44	03:59:32	04:07:02											3
Pedersen, Henning	Eus / Moss Skiklubb	02:49:21								02:51:18		02:52:04		02:49:21			3
Qvenild, Kristian	Raumyrveien Springers	02:48:39									02:51:42	02:48:39			02:54:51		3
Sandøy, Alf-Erling		03:52:08					04:01:33	03:52:08				03:53:38					3
Skoglund, Tina	Fredrikstad IF	04:06:48		04:06:48					04:25:23	04:17:20							3
Stordrange, Jan Kristian	Flekkefjord Idrettsforening	03:36:42										03:36:42	03:50:19		03:39:06		3
Søderstrøm, Stig	Kvarnvedens GOIF	03:47:05	03:47:05					04:16:26							05:28:43		3
Sørstad, Gjermund	IF Sturla	02:42:02				02:50:06				02:42:02			02:48:18				3
Thorbjørnsen, Rune	Oslo Kommune BIL	03:55:54										03:55:54		04:00:02	04:03:57		3
Tronstad, Anders	Sarpsborg Sykkelklubb	04:08:51			04:38:28						04:08:51	04:31:37					3

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Lund, John	ROMERIKE ULTRALØPERKLUBB	03:09:11												03:15:48	03:09:11	2
Lund, Morten E	Hamar Skiklubb	03:19:38								03:20:27				03:19:38		2
Lundell, Jan	SK Glid	03:58:15		03:58:15	04:17:07											2
Lybeck, Torodd	Fagernes IL	03:32:23						03:32:23	03:37:20							2
Marthinsen, Erling	Team Øverskauen	03:21:43											03:21:43	03:25:37		2
Mathisen, Øystein	DNL	03:36:00		03:36:00		03:46:35										2
Mesøy, Rune Mo		03:47:23							04:05:06	03:47:23						2
Mikalsen, Tom B.	Oslofjord Triatlonklubb	03:18:20			03:18:20	03:22:34										2
Mjøen, Elsa	Drøbak Maratonklubb	04:40:47		04:52:48	04:40:47											2
Mohr, Frants	Romerike Ultraløperklubb	03:04:53							03:11:25		03:04:53					2
Mortensen, Niels	Kongsberg Gruppen	03:55:02								03:55:02	04:10:10					2
Mostue, Sverre	Flint	03:51:21				03:51:21				03:59:42						2
Mundal, Tore	Lom IL	03:25:50		03:25:50						04:10:48						2
Nilsen, Vidar	Norges Bank IL	02:49:16				02:54:55	02:49:16									2
Nordbø, Gunnar	Flekkefjord Idrettsforening	03:46:40									03:46:40	04:28:40				2
Pettersen, Thomas	Romerike Politidrettslag	03:55:28							03:55:28	04:22:00						2
Pinås, Tomas	HOLMESTRAND MARATON	04:00:52										04:14:57		04:00:52		2
Pålsson, Bruno	RANRIKE BERSERK & TRIATHLON	03:22:14								03:22:14					03:32:46	2
Riis, Trygve	RÅDTASSENE BIL	03:28:43				03:28:43									03:44:09	2
Rømuld, Aud F.	Drøbak Maratonklubb	04:19:45		04:36:22	04:19:45											2
Sandvik, Eivind		04:07:29											04:13:48	04:07:29		2
Schibbye, Harald	Vmetro	03:29:03		03:29:03		03:42:13										2
Severeide, Hans Petter	Bjerkreim Marathon Klubb	03:56:15				04:08:35				03:56:15						2
Solberg, Tor	Fredrikstad IF	03:27:30			03:36:02	03:27:30										2
Staniszewski, Kordian	FREDRIKSTAD TRIATLONKLUBB	03:30:24												03:46:44	03:30:24	2
Storkås, Geir	Porsgrunn	03:19:03				03:19:03							03:53:40			2
Sunde, Arne Olav	Winforce Expedition	03:06:40										03:07:03	03:06:40			2
Try, Lars	TVEDESTRAND	05:53:14												06:27:03	05:53:14	2
Ugelstad, Torbjørn	Kondis	03:17:18					03:17:18	03:56:54								2
Valstad, Keino	Bøler IF	02:59:40									03:01:37	02:59:40				2
Vebostad, Hagbart	Gnagsår	03:41:47							03:41:47						03:57:17	2
Veggeland, Turid	Herkules	04:41:55		04:41:55								04:54:47				2
Velayuthram, Narda	Fredrikstad IF	04:05:21	04:24:37		04:05:21											2

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Brevold, Sindre	I FARTA	03:16:53											03:16:53		1
Brune, Bård	KRÅKSTAD	03:47:32												03:47:32	1
Brådalen, Ulf	Spenncon	03:22:10	03:22:10												1
Brågård, Jan	Kondis	05:27:08						05:27:08							1
Bull, Håkon	TOKENES	03:51:30											03:51:30		1
Bunde, Odd-Erik	Team Håpløs	03:36:42						03:36:42							1
Bustad, Ola	Winforce Expedition	03:21:53										03:21:53			1
Chiodera, Even	Tame United Bakeris	03:27:22										03:27:22			1
Christensen, Bjørn	VANG SIL	03:32:07											03:32:07		1
Christoffersen, Silje		03:19:28												03:19:28	1
Clausen, Christoffer Andvik		04:11:58												04:11:58	1
Dahl, Anders	FREDRIKSTAD TRIATHLONKLUBB	03:31:26												03:31:26	1
Dahl, Edvard Christian	VESTRE AKER SKIKLUB	04:03:52												04:03:52	1
Danielsen, Aasmund	Kondis, Halden	03:41:39										03:41:39			1
Di Niro, Roberto	Team Immune	03:40:14										03:40:14			1
Dragøy, Bjørnar	IK Hind	04:29:40			04:29:40										1
Duus, Christian		04:02:43												04:02:43	1
Dyb, Nils Kristian	Sætre IF Graabein	04:23:10										04:23:10			1
Dørum, Wenche	Royal Sport	03:47:58					03:47:58								1
Eftang, Lars	Winforce Expedition	03:21:47										03:21:47			1
Eikje, Leiv Sigbjørn	Ås IL	03:36:21						03:36:21							1
Ek, Tommy		04:26:58											04:26:58		1
Ekeberg, Martin	Samemafiaen Futsal	03:57:25										03:57:25			1
Eliassen, Kjersti		04:05:13						04:05:13							1
Elksund, Ole Arne	SK VIDAR	03:15:05												03:15:05	1
Engebretsen, Hans Arild	Dolpin BIL	03:08:45									03:08:45				1
Engen, Olav	Romerike Ultraløperklubb	03:52:51									03:52:51				1
Engh-Hellesvik, Geir Arild	BDO BIL	04:24:33												04:24:33	1
Eriksen, Leif	Hitra IL	04:25:59			04:25:59										1
Espeland, Kjetil	Klypetussen	04:17:48									04:17:48				1
Evensen, Pål	Posten IL	04:52:48	04:52:48												1
Fagemes, Vebjørn	Lærdal IL	03:53:38					03:53:38								1
Festersen, Tage	Klub 100 Marathon DK	04:33:16											04:33:16		1
Fihn , Britt-Marie	IK Tarfala	03:57:35										03:57:35			1
Fihn, Christian	IK Tarfala	03:47:18										03:47:18			1

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Janitz, Magne	Moss Multichallengers	03:56:40											03:56:40		1
Jansson, Bertil	Kolarmora KIF	04:29:47				04:29:47									1
Jensen, Christian	Los Hinchadores Libres, Fuengi	03:44:02						03:44:02							1
Jensen, Gunnar	Grei	04:47:28								04:47:28					1
Jensen, Joar Flynn		03:22:36								03:22:36					1
Johannesen, Geir Runar	Fredrikstad IF	03:48:22										03:48:22			1
Johannesen, John	Krapfoss Maraton	03:17:55				03:17:55									1
Johannesen, Oddvar E.		03:52:51	03:52:51												1
Johansen, Hans Petter	Vear IF	04:37:04										04:37:04			1
Johansen, Janne Kjellberg	Fredrikstad IF	03:26:40										03:26:40			1
Johansen, John	Moss Skiklubb	03:18:35						03:18:35							1
Johansen, Sigleif	Statskraft Nore	02:55:49	02:55:49												1
Johansen, Tor Harald	PricewaterhouseCoopers	03:34:59								03:34:59					1
Karlsen, Cecilie	Romerike Ultraløperklubb	04:24:16										04:24:16			1
Karlsson, Roland	Karlsson	04:05:26				04:05:26									1
Kasin, Franz	Medica AS	03:44:28	03:44:28												1
Kivijervi, Trond	Posten IL	04:09:56	04:09:56												1
Kjeserud, Solveig	Solveig Kjeseruds Homøopatiske	04:36:05										04:36:05			1
Kjærås, Jan Einar	ANDEBU IL	04:28:54											04:28:54		1
Kjærås, Odd Ivar		04:28:54											04:28:54		1
Klausen, Per Kristian		04:35:22												04:35:22	1
Knutsen, Lasse		03:15:06									03:15:06				1
Korsvold, Hanne Gro	OSLOFJORD TRIATLON	04:10:53												04:10:53	1
Kristensen, Grete	Fredrikstad IF	04:46:23				04:46:23									1
Kristiansen, Stian	RAMBØLL	03:30:42												03:30:42	1
Kronstad, Knut	Romerike Ultraløperklubb	03:58:39											03:58:39		1
Kruse, Thomas	NOTEAM	03:14:26											03:14:26		1
Krøvel, Harald	Åndalsnes IF	03:59:10				03:59:10									1
Kullerud, Kristian	Halden IL	03:00:44				03:00:44									1
Kullerud, Kåre		03:54:50				03:54:50									1
Kummervold, Ivar	Fredrikstad IF	03:31:08						03:31:08							1
Kvammen, Martin	Team Gjammen	04:00:12											04:00:12		1
Kvernes, Peter	Piggen	04:30:57				04:30:57									1
Kvernsmyr, Stian	ANDEBU IL	03:17:12											03:17:12		1
Kvisgaard, Henrik	Hytteplan Sport	04:40:21						04:40:21							1
Larsen, Petter Sten	Torp IF	03:50:29										03:50:29			1

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Larssen, Ottar Moum	Raknehagen SK	03:21:32										03:21:32			1
Larssen, Ottar Moum	ULL-KISA	03:25:30												03:25:30	1
Lebesby, Kathrine	NOTEAM	04:33:25										04:33:25			1
Lefsaker, Sverre	PROJECTIONDESIGN	06:24:27											06:24:27		1
Lian, Arve	Nidelv IL	03:37:35								03:37:35					1
Lid, Anja Elise	DNB	03:50:08												03:50:08	1
Lid, Arve	Team Boron 88	03:40:25						03:40:25							1
Lillebo, Christian	SK Rye	04:06:07								04:06:07					1
Lind, Jahn Thomas	ULL KISA HÅNDBALL	03:31:42												03:31:42	1
Lindgren, Anders	Mölnåls Roddklubb	03:57:46								03:57:46					1
Lorentsen, Ragnar	Kondis Tr.Heim	03:58:59				03:58:59									1
Lorimer, Adam	Oslofjord Triathlon	04:58:03						04:58:03							1
Lund, Per	Vestby	04:07:47										04:07:47			1
Lundberg, Tormod	Hamar Skiklubb	03:24:17				03:24:17									1
Lunga, Einar	Utvik Langløp	04:42:08								04:42:08					1
Lystad, Hans-Petter	PRIVAT	03:30:55												03:30:55	1
Løvkvist, Eline Marie	TEAM LØVKVIST	04:05:37												04:05:37	1
Løvkvist, Helene	TEAM LØVKVIST	04:12:32												04:12:32	1
Madland, Håvard	WE2011	03:24:50											03:24:50		1
Madsen, Asbjørn		04:47:06										04:47:06			1
Malmberg, Staffan	Solvikingarna	03:41:05						03:41:05							1
Mandfloen, Morten	Movar BIL	03:37:24										03:37:24			1
Markussen, Arve	TEAM ØVERSKAUEN	03:28:01												03:28:01	1
Mathiesen, Arvid	Rustad IL	04:23:15											04:23:15		1
Maudal, Sverre	Oslo Børs	04:01:13						04:01:13							1
Mccarthy, Ewan	Halden II	02:44:04								02:44:04					1
Medbø, Espen	OSLOFJORD TRIATLON	03:16:22												03:16:22	1
Mersland, Håkon		05:50:28				05:50:28									1
Meyer Solvang, Kristian	Larvik politi/Nanset IF	03:16:34												03:16:34	1
Mikkelsen, Johnny	Runfun	03:45:10										03:45:10			1
Modahl, Einar	ANIF	03:46:01				03:46:01									1
Moen, Erik	Team Extreme	03:43:47												03:43:47	1
Moen, Ketil		03:53:29												03:53:29	1
Moen, Kjersti Beate		04:08:35												04:08:35	1
Moen, Magne	TFL Halden	04:03:11						04:03:11							1
Moi, Knut Anders		04:18:06												04:18:06	1

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Munkebye, Erik Myhr		03:39:51							03:39:51								1
Mustad, Halfdan		04:11:33			04:11:33												1
Mørk, Øystein	NOTEAM	03:07:40									03:07:40						1
Nenseth, Finn Olav	Sandefjord TIF	04:52:49							04:52:49								1
Nergård, Jonas	Orion	03:22:19											03:22:19				1
Neumann, Rudiger	Drøbak Maratonklubb	06:13:53					06:13:53										1
Nicolaysen, Ragnar	Fredrikstad IF	04:35:01		04:35:01													1
Nilsen, Teodor Sveen	Argo Securities	03:02:28								03:02:28							1
Nilsen, Trond Einar	Sulsted Løberklubb	04:19:26								04:19:26							1
Nilssen, Aksel	Fauske IL	03:58:52								03:58:52							1
Nilsson, Jörgen	VI SOM SPRINGER	04:41:18													04:41:18		1
Nome, Astrid	TRENINGSCAMP	04:16:10											04:16:10				1
Norberg, Kari		04:45:54		04:45:54													1
Nordli, Per Ove	Oslo Politis Idrettslag	04:04:28									04:04:28						1
Nordmelan, Kasper	Gjerdrum Fysioterapi & Trening	03:45:11									03:45:11						1
Nordnes, Lars-Ove	Jutul IL	03:21:53									03:21:53						1
Nordum, Ingar	Nordea I.L.	04:25:48		04:25:48													1
Nyberg, Hans	ALE 90 IK	04:55:29													04:55:29		1
Nygård, Helge	Frekhaug	04:19:50		04:19:50													1
Nygård, Ivar	mnemonic	03:36:35										03:36:35					1
Ohla, Mirko	Fredrikstad IF	04:23:05						04:23:05									1
Olafsen, Jørn Willy	Tønsberg Triathlonklubb	03:29:18									03:29:18						1
Olaussen, Stein Henrik		03:16:02												03:16:02			1
Olsen, Kim		03:14:16													03:14:16		1
Olsen, Lars	Finstad Fortløpende / SKD BIL	03:44:12										03:44:12					1
Olsen, Svein Vidar	Oslo Gangklubb	04:22:12						04:22:12									1
Olsen, Tore	Stive ledd MC	03:39:27										03:39:27					1
Olsen, Øystein	Paulsbo IL	03:31:18	03:31:18														1
Olsvold, Geir Sigurd		03:31:26												03:31:26			1
Omholt, Arne Petter	T-Rank BIL	03:47:59									03:47:59						1
Oskarsson, Tommy	Vi Som Springer	03:46:36		03:46:36													1
Ottesen, Anne-Gine	Synergi Helse	03:48:02											03:48:02				1
Paalsrud, Knut Ivar	ROMERIKE ULTRALØPERKLUBB	03:35:18													03:35:18		1
Pedersen, Daniel	BERTEL O.STEEN FREDRIKSTAD	04:10:01													04:10:01		1

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Pedersen, Jon	Halden Skiklubb	03:08:11										03:08:11				1
Persson, Thomas	TÖCKSFORS IF SVERIGE	04:17:33												04:17:33		1
Rakkestad, Ole Espen	Seilduk Løp	03:38:37			03:38:37											1
Ramtvedt, Bjørn Erik	CK Øst	03:49:43										03:49:43				1
Reffsgård, Ulf	Fredrikstad IF	04:29:53	04:29:53													1
Refsli, Svein	Meteorologen	04:07:49						04:07:49								1
Rognebakke, Arne	Statoil Bergen	04:09:55					04:09:55									1
Rustad, Sverre	Raumnes & Årnes	04:47:06										04:47:06				1
Rusti, Signy Henden	Lørenskog FIL	05:29:24						05:29:24								1
Ruyter, Werner	CICIGNON OLDBOYS	04:39:16												04:39:16		1
Rymoens, Espen	MOSS CK	04:18:59												04:18:59		1
Røhme, Marianne	Kondis	04:57:51							04:57:51							1
Rørøgen, Hans	Obos BIL	03:52:02						03:52:02								1
Røsler, Ruben		03:57:31												03:57:31		1
Saba, Anton	FMC Technologies	02:58:02									02:58:02					1
Sagvolden, Stein Roar	Elsten Elektro	04:22:53			04:22:53											1
Sanengen, Sverre	Fredrikstad IF	04:17:48						04:17:48								1
Seierstad, Martin	Posten	03:07:22			03:07:22											1
Sel, Harald	Varhaug IL	04:10:05	04:10:05													1
Simonsen, Toby	PROJECTIONDESIGN	04:50:28											04:50:28			1
Sjöo, Håkan	Växjö LK	04:33:12	04:33:12													1
Skaatan, Hans André	Team Skaatan	03:26:07					03:26:07									1
Skaatan, Hilde Elisabeth	Team Skaatan	03:36:39					03:36:39									1
Skaufel, Espen	TEAM SVETT OG FRISK	04:57:23												04:57:23		1
Skaug, Rino	Gaards-Service AS	04:17:56										04:17:56				1
Skinstad, Roar	Vesterøy	03:43:03										03:43:03				1
Skjeltorp, Ole Edvin	Team Gjammen	04:41:46										04:41:46				1
Skjøllerhag, Henrik	IK Spring Väst Sverige	03:28:04										03:28:04				1
Skåre, Svein		04:40:19				04:40:19										1
Smedsaas, Georg	Jan Banan	03:18:39						03:18:39								1
Smith, Glenn	Tananger	03:52:41				03:52:41										1
Solvang, Trygve M.	Hydro Karmøy	03:22:21	03:22:21													1
Steinsvik, Rita	Kripos IL	03:48:22										03:48:22				1
Stensli, Hans Olav	ROMERIKE ULTRALØPERKLUBB	04:17:50												04:17:50		1
Stensrud, Johnny	MOSS CK	03:23:42												03:23:42		1

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Stjern, Tor Arne	Vind I.L.	03:38:20							03:38:20							1
Stokseth, Øyvind	Halden Skiklubb	02:44:18						02:44:18								1
Stordalen, Thomas	RØA IL	04:14:03												04:14:03		1
Stranddal, Svein	GJERPEN I F	03:28:08												03:28:08		1
Strandenes, Geir		04:22:53			04:22:53											1
Støa, Tommy	Hytteplan Sport	03:56:22										03:56:22				1
Sunde, Turid Holemark	PRIVAT	04:05:50												04:05:50		1
Sundell, Per Øivind	ØRJE IL	03:05:27												03:05:27		1
Svarth, Therese	Børnings	04:05:30			04:05:30											1
Svendsen, Dag-Tore	Ge Healthcare	03:34:52						03:34:52								1
Svendsen, Vidar Frisk	BÆKKELAGET	04:17:14												04:17:14		1
Svenkerud, Ole-Morten	Vang	03:36:03												03:36:03		1
Sverre Johannes, Ringstad	Oslofjord Triathlon	03:54:10							03:54:10							1
Sverreson, Øyvind		04:10:42							04:10:42							1
Syversen, Arild	Fredrikstad IF	04:19:25	04:19:25													1
Sætre, Ragnhild	Rbil	04:02:06						04:02:06								1
Sørland, Ole Kristian	Winforce Expedition	03:00:55											03:00:55			1
Tharaldsen, Ole	Fredrikstad IF	04:01:02												04:01:02		1
Thon, Christian	Eidanger	03:07:47							03:07:47							1
Thorhallsson, Erik	Norfolier	03:47:29						03:47:29								1
Tillery, Andrew	Haukeland	03:13:36					03:13:36									1
Tornes, Karin	Utvik Langløp	04:33:47							04:33:47							1
Torp, Stig	Avanade	03:57:09											03:57:09			1
Tovan, Knut		03:44:58							03:44:58							1
Tubaas, Peter	Kondis	03:04:30			03:04:30											1
Tveit, Per	MOSS SKIKLUBB	03:51:50												03:51:50		1
Tveter, Trygve		03:17:52			03:17:52											1
Tørstad, Eirik	LØRENSKOG MARATONRUNNERS	04:22:38												04:22:38		1
Tørstad, Marit		04:05:28												04:05:28		1
Urdal, Håkon	RUN HAPPY	02:59:32												02:59:32		1
Uttisrud, Erling	Mysen	04:56:29										04:56:29				1
Vedvik, Fredrik	Et Cetera Profil AS	04:37:24									04:37:24					1
Venøy, Jan Petter	DNL	04:39:34	04:39:34													1
Viktorsson, Karolina		04:32:33												04:32:33		1
Vollebæk, Steinar	team v0lliz	04:58:27											04:58:27			1

