

# Herreklassen

Merkekrav: 45:37

| Nr | Førenamn     | Etternamn     | Klubb                 | Klasse  | M-tid | Sluttid  |
|----|--------------|---------------|-----------------------|---------|-------|----------|
| 1  | Thorbjørn T. | Ludvigsen     | Bergen Løpeklubb      | Senior  | 16:55 | 00:35:20 |
| 2  | Stian        | Angermund-Vik | Varegg                | Senior  | 16:55 | 00:36:11 |
| 3  | Lars Erik    | Skjervheim    | Voss IL               | Senior  | 18:06 | 00:37:58 |
| 4  | Kristen      | Skjeldal      | Bulken IL             | Senior  | 18:45 | 00:39:30 |
| 5  | Leif Bjørn   | Grindedal     | Bjørgum IL            | Senior  | 19:03 | 00:39:48 |
| 6  | Ketil        | Monssen       | Bergen Løpeklubb      | Senior  | 19:09 | 00:40:57 |
| 7  | Hans-Inge    | Klette        | Viljar IL             | Junior  | 19:15 | 00:41:33 |
| 8  | Dag Henry    | Nilsen        | Vaksdal IL            | Senior  | 20:06 | 00:41:57 |
| 9  | Kasper       | Komnæs        | Varegg                | Junior  | 20:50 | 00:43:11 |
| 10 | Arild        | Een           | Voss IL               | Senior  | 20:00 | 00:43:22 |
| 11 | Kjetil       | Dyrvik        | Voss IL               | Veteran | 20:45 | 00:44:10 |
| 12 | Ørjan        | Nilsen        | Varegg Fjellgeitene   | Senior  | 21:07 | 00:44:11 |
| 13 | Thomas       | Fenne         | Voss IL               | Senior  | 20:52 | 00:44:58 |
| 14 | Lasse        | Virkesdal     | Dalsøyra IL           | Junior  | 21:52 | 00:45:22 |
| 15 | Kristian     | Skjeldal      | Bulken IL             | Junior  | 21:22 | 00:45:37 |
| 16 | Sindre       | Hirth         | Ørnar IL              | Junior  | 21:30 | 00:46:14 |
| 17 | Jan-Henrik   | Olsnes        | IL Fri                | Senior  | 21:59 | 00:47:05 |
| 18 | Pål          | Thomassen     | Varegg Fjellgeitene   | Senior  | 22:23 | 00:47:08 |
| 19 | Lars         | Engeli        | Varegg Fjellgeitene   | Senior  | 22:12 | 00:47:32 |
| 20 | Torbjørn     | Taskjelle     | NOTEAM                | Senior  | 22:36 | 00:48:03 |
| 21 | Sondre       | Øvre-Helland  | Tif Viking            | Junior  | 21:22 | 00:48:40 |
| 22 | Steinar      | Haugland      | Uskedal IL            | Senior  | 22:50 | 00:49:29 |
| 23 | Jan-Erik     | Småbrekke     | Sweco Voss            | Senior  | 23:32 | 00:49:58 |
| 24 | Sverre       | Nøkleby       | Bergen Løpeklubb      | Senior  | 25:52 | 00:52:16 |
| 25 | Tore         | Instebø       | Bergen Cykleklubb     | Senior  | 24:17 | 00:52:24 |
| 26 | Stefan       | Karlstrøm     | Voss karateklubb      | Senior  | 24:55 | 00:53:45 |
| 27 | Bjarne       | Klette        | Viljar IL             | Senior  | 24:46 | 00:53:46 |
| 28 | Magnus       | Olsnes        | Vaksdal IL            | Junior  | 24:50 | 00:54:06 |
| 29 | Bjørn        | Ullevoldsæter | Stanghelle IL         | Senior  | 26:09 | 00:54:44 |
| 30 | Espen I.     | Haugen        | ASKO Vest             | Senior  | 25:11 | 00:55:23 |
| 31 | Jan          | Rolland       | Varegg Team Melkesyre | Veteran | 24:16 | 00:55:23 |
| 32 | Frode        | Arnesen       | NOTEAM                | Senior  | 26:08 | 00:56:32 |
| 33 | Olav         | Dugstad       | Ørnar IL              | Senior  | 26:30 | 00:57:09 |
| 34 | Olav         | Midttun       |                       | Senior  | 25:59 | 00:57:32 |
| 35 | Knut O.      | Dugstad       | Ørnar IL              | Veteran | 26:55 | 00:58:42 |
| 36 | Jan-Erik     | Vangsnes      | IL Eldar              | Senior  | 27:48 | 01:00:21 |
| 37 | Frode        | Sørhøy        | Varegg Team Melkesyre | Senior  | 26:50 | 01:01:30 |
| 38 | Kenneth      | Holte         | NOTEAM                | Senior  | 28:35 | 01:01:44 |
| 39 | Odd Kristian | Hagen         |                       | Senior  | 28:27 | 01:03:11 |
| 40 | Kenneth      | Hausberg      | NOTEAM                | Senior  | 30:50 | 01:06:39 |
| 41 | Steinar      | Tysse         | Mjøsdaalen IL         | Veteran | 31:23 | 01:06:39 |

# Dameklassen

Merkekrav: 56:21

| Nr | Førenamn      | Etternamn     | Klubb                 | Klasse  | M-tid | Sluttid  |
|----|---------------|---------------|-----------------------|---------|-------|----------|
| 1  | Therese       | Sjursen       | Bergen Løpeklubb      | Senior  | 20:20 | 00:44:33 |
| 2  | May Britt     | Buer          | Gular                 | Senior  | 21:07 | 00:44:54 |
| 3  | Tori          | Angell        | Odda IL/Team Gla'laks | Junior  | 22:10 | 00:45:48 |
| 4  | Elisabeth     | Angermund-Vik | Varegg Fleridrett     | Senior  | 24:05 | 00:51:37 |
| 5  | Caroline      | Christie      | Varegg Fjellgeitene   | Senior  | 24:45 | 00:53:33 |
| 6  | Solveig       | Haugland      | Uskedal IL            | Junior  | 25:22 | 00:54:33 |
| 7  | Anna Magrethe | Tråve         | Lærdal IL             | Veteran | 25:55 | 00:54:44 |
| 8  | Turid         | Loddengaard   |                       | Senior  | 27:00 | 00:57:50 |
| 9  | Guro          | Skjeldal      | Bulken IL             | Junior  | 27:26 | 00:58:44 |
| 10 | Toini         | Thorkildsen   | Voss IL               | Senior  | 27:56 | 01:00:09 |
| 11 | Johanna       | Wehinger      |                       | Senior  | 27:40 | 01:00:22 |
| 12 | Berit         | Skåla         | NOTEAM                | Senior  | 29:31 | 01:03:31 |