**Resultater Melen Opp, 14. August 2016**

**Jr. damer**Hege Ringdal, Sunnylven IL                          52,39
Ingrid Smevåg Gundersen, Norodd                58,18

**Damer 20-34**Stine Moen Nilsen,                                       53,29
Astrid Øvstedal, Romsdal tindegruppe           56,37

**Damer 35-49**Benedikte Liepelt, Skaret ski                         50,26
Therese Stokke Viken                                   51,20
Marit Bjerkeli, MOI                                       53,14
Lillian Modnem                                             54,15
Lise Porsanger                                            1.05.48

**Damer 50-65**Turid Solheim, Skaret ski service                  1.00.24

**Damer over 65**Anny Malme, Ekko/Aureosen                        1.10.39

**Herrer junior**Kornelius Linge Glomnes, Valldal IL               43,48
Kasper Ringdal, Sunnylven                          1.01.56

**Herrer 20-34**
Robin Holden                                              40,43
Martin Peder Kvalsvik, Kårvåg                      45,39
Arild Harstad, Batnfjord                                48,44
Hans Kristian Folde, G-sport roseby              51,55
Hans Michalsen,                                         1.03.52
Mareno Steira                                            1,09,06

**Herrer 35-49**Are Uran, Havørn                                       41,23
Arnt Johansen                                           46,42
Lars Erik Holo, Bolsøya                               50.14
Trond Orheim, Romsdal                              50,19
Tor Egil Ingebrigtsen                                  54,24
Kenneth Solheimdal                                   54,29
Lars Eivind Sæter                                       55,37
Ola Gausland                                             58,02
Victor Størdal, Rival                                    58,04
Paul Johan Undlien, Arkeoplan                     58,05
Svein Ludvik Holme                                  1.01.28

**Herrer 50-64**
Magne Eivind Glomnes, Valldal                    44,55
Sture Anders Burman, Trangsvika               46,00
Andre Liepelt                                             46,37
Kjetil Stokke, Molde CK                              53,07
Jan Gunnar Lindseth, Fræna ski                  56,35
Ole Ødegård, MOI                                      57,59
Jan Harry Holden, Eide IL                           58,57

**Over 65**
Bjørn Malme, Ekko/Aureosen                      1.04.45