

1	Halvard Mysen	Oslo	M Lange	54:33 min
2	Vegard Nyeng	Systek	M Lange	55:26
3	Jonas Soleng Iversen	Oslo	M Lange	55:59
4	Jesper Leporanta	Årvoll	M Lange	59:10
5	Andres Hammersbøen	Team Coop	M Lange	59:32
6	Torkeld Sterner	Bergen	M Lange	01:01:43h
7	Oskar Åslund		M Lange	01:02:00
8	Alexander Åsen	Tonsenhagen	M Lange	01:02:25
9	Torgeir Hauso	Siemenslaget	M Lange	01:03:14
10	Henning Braathen	Oslo	M Lange	01:04:33
11	Odd Inge Aas	Kvarstein IL	M Lange	01:05:48
12	Bjørn Torjus Hanssen	Mikkeller Running Club Oslo	M Lange	01:07:04
13	Anders Nesse	Årvoll	M Lange	01:07:35
14	Sven Are Lien	Oslo	M Lange	01:08:00
15	Steffen Wean Johanssen	FOCC / Årvoll IL	M Lange	01:08:24
16	Christian Hunstad	Årvoll	M Lange	01:13:05
17	Øystein Urkedal	KRIK Kondis Oslo	M Lange	01:13:46
18	Lasse Andersen Hodne	5 K Club	M Lange	01:14:38
19	Marius Wangen	Oslo	M Lange	01:15:23
20	Even Selte Grefsrud	Oslo	M Lange	01:20:20
21	Vegard Hammershaug		M Lange	01:23:18
22	Andreas Faafeng	Årvoll	M Lange	01:23:37
23	Espen Dåsvand		M Lange	01:25:32
24	Terje Øyrås	Årvoll IL	M Lange	01:27:30
25	Sverre Gunnar Haga	Kårvåg IL	M Lange	01:27:30
26	Olav Brevik (og hunden Dexter)	Stig	M Lange	01:38:33