

Newsletter number 1 Kristins Runde 2009

Hi to all of you registered for Kristins Runde 2009

As I write this, it's about 21 days to go before the second edition of Kristins Runde. The snow has now melted and in a few days I will inspect the entire course and measure the distance once more, mainly due to the slight changes that have been made this year. The course will be exactly 50 miles or 80.5 K, this means about 800 meter shorter than the inaugural edition.

Since last year we have been awarded the IAU bronze label and the race is also accepted as qualifying race for Ultra-Trail du Mont-Blanc. It's good to know that the race has an international recognition and acknowledgement. Even under these circumstances we have no ambitions to let the number of participants exceed 50 runners, mainly due to logistical and practical purposes.

Last year the race was privately organized, this year the race is facilitated by the recently established «Romerike Ultraløperklubb» where the author of this letter is the chairman.

As of June 1st we have 28 runners signed up for the race. Hopefully there will be 30 runners at the starting line on June 27th at 7.00 am. List of registered participants and pictures will be updated at this web site: http://kondis.oslonett.no/Romerike/innbydelse/KR_2009_paameldte.pdf

Participation fee: We still miss the payment from runners number 6,7,8,9 and 26

Registration form: We still miss the form from runners number 5,6,7,8,9 and 28

Sleeping and eating: The registration form is important for the planning and organization of the activities at Trantjern Gård. So far we have booked 9 beds for the night Friday to Saturday + 2 dinners extra, and 8 beds for the night from Saturday to Sunday + 12 dinners extra.

The next newsletter will bring details about Trantjern Gård and driving directions.

Transport: We will try to assist with transport to/from Trantjern for those who may need help. We have noted that Niklas (and Daniel) cooperate with Rasmus and take a rental car from Gardermoen. Bengt will arrive Oslo by train, transport from Oslo will be organized. Krister needs transport from/to Grua (please send us estimated time of arrival to Grua). Kjetil will arrive Gardermoen Thursday and be taken care of. His transport back to Gardermoen on Sunday is also secured. If other runners need transport, please send a message to the race director as soon as you know from where and when you need assistance.

Time schedule: Will be sent in a later newsletter. Information will also appear on the web site.

Important notices, map and course description will be posted later. You will find this information on the web site 10-12 days before the day of the race.

With kind regards



Olav

So far the race has the following web site:

<http://www.kondis.no/Romerike/index.php?aid=68905&k>