

# Fredrikstadmarka Rundt

12.10.2014

## Komplett Resultatliste

(Bruttotid)

20km

Kvinner

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
1	659	Julie Marie Haabeth Brox	17-29	TJALVE	01:25:16	00:00:00
2	318	Karoline Næss	17-29	ULL KISA	01:30:09	00:04:54
3	350	Ane Næsset Ramtvedt	17-29	IL TYRVING	01:35:02	00:09:47
4	41	Monica Kristin Wold	30-39	NULL	01:35:32	00:10:17
5	299	Marie Grønneberg	30-39	NULL	01:37:45	00:12:30
6	346	Marianne Moe	45-49	FET SKIKLUBB	01:39:20	00:14:05
7	358	Julie Dahl	17-29	NULL	01:42:51	00:17:36
8	329	Lene Hanche Hafskjold	40-44	MOSS SK	01:43:01	00:17:46
9	311	Maria Pettersson	17-29	FREDRIKSTAD TRIATHLONKLUBB	01:43:43	00:18:28
10	660	Mari Gjørberg	30-39	NULL	01:43:52	00:18:37
11	287	Ragnhild Bye	45-49	MOSS CK	01:44:03	00:18:48
12	602	Ida Bråten	30-39	VEIDEKKE BIL	01:47:12	00:21:57
13	616	Mona Johansen	30-39	COWI BIL	01:48:07	00:22:52
14	493	Mille Lie	17-29	FIF	01:48:09	00:22:54
15	327	Therese Løvås Walbom	30-39	MOSS SKIKLUBB	01:48:34	00:23:19
16	614	Lina Maria Mevik	30-39	PVS (PIKER, VIN OG SANG)	01:48:37	00:23:22
17	321	Sigrun Gjørberg	17-29	RYGGEJOGGEN	01:50:03	00:24:48
18	651	Eva Lindskog	40-44	FIF	01:51:32	00:26:17
19	337	Kirsti Eriksen	45-49	FREDRIKSTAD IF	01:51:35	00:26:20
20	572	Kristine Hansen	17-29	NULL	01:52:23	00:27:08
21	304	Sigrun Tytlandsvik	30-39	ÅS IL	01:52:36	00:27:21
22	152	Kristine Neathey	30-39	FREDRIKSTAD SK	01:53:28	00:28:13
23	592	Elin Jacobsen	40-44	SEFA	01:53:48	00:28:33
24	604	Siv Elisabeth Nygaard	45-49	FREDRIKSTAD IF	01:55:20	00:30:05
25	77	Tonje Holter	30-39	INGEN	02:00:09	00:34:54
26	288	Hanne Karlsen	30-39	NULL	02:01:59	00:36:44
27	48	Lise-Marie B. Jacobsen	30-39	NULL	02:02:42	00:37:27
28	666	Hanne Gro Korsvold	30-39	OSLOFJORD TRI	02:04:18	00:39:03
29	621	Hilde Poppe	40-44	FREDRIKSTAD SKIKLUBB	02:04:57	00:39:42
30	312	Johanne Kvernstuen	17-29	STOREMYR / FKBIL	02:05:26	00:40:11
31	305	Birgitte Wold Dahl	40-44	KONGSTEN IL	02:05:28	00:40:13
32	664	Cecilie Gulbrandsen	30-39	BRUA FYSIKALSKE	02:06:06	00:40:51
33	667	Helene Lesund	40-44	OSLOFJORD TRIATHLON	02:06:24	00:41:09
34	55	Eli Thonvald	45-49	ROMERIKE FRIIDRETT	02:06:28	00:41:13
35	92	Silje Karlsen	30-39	NULL	02:06:55	00:41:40
36	586	Turid Johansen	50-54	FREDRIKSTAD SKIKLUBB	02:07:18	00:42:03
37	334	Leni Wilhelms Torp	45-49	NULL	02:08:06	00:42:51
38	58	Kirsti Omberg	55-59	SKILØPERNE	02:08:12	00:42:57
39	323	Anne Marie Andersen	40-44	FREDRIKSTAD IF	02:08:33	00:43:18
40	365	Nina Heidenstrøm	45-49	NULL	02:09:19	00:44:04
41	47	Kari-Marie Gjesdal	50-54	FREDRIKSTAD IF	02:09:42	00:44:27
42	594	Maria Bunes	30-39	NULL	02:10:22	00:45:07
43	376	Solfrid Våset	50-54	FRISKIS OG SVETTIS	02:15:08	00:49:53
44	331	Torunn Hansen	30-39	NULL	02:15:21	00:50:06
45	588	Ingrid Kristiansen	17-29	NULL	02:17:53	00:52:38
46	57	Pia-Helene Amundsen	40-44	NULL	02:20:19	00:55:04
47	647	Anne-Lene Frølandshagen	50-54	FREDRIKSTAD IL	02:21:23	00:56:08
48	56	Gro-Margrethe Amundsen	30-39	NULL	02:30:18	01:05:03
49	366	Anne-Kari Saxegård Olsen	50-54	FIF	02:30:47	01:05:32
50	89	Camilla Borge	17-29	LYN REGNSKAP AS	02:30:55	01:05:40
51	655	Anette Kristiansen	45-49	FENRING IL	03:05:10	01:39:55
52	101	Torill Helene Granholt	60-64	FIF	03:18:11	01:52:56

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12.10.2014

## Komplett Resultatliste

(Bruttotid)

20km

Kvinner

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Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
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Antall: 52

# Fredrikstadmarka Rundt

12.10.2014

## Komplett Resultatliste

(Bruttotid)

20km

Menn

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
1	475	August Flø	17-29	FREDRIKSTAD IF	01:11:54	00:00:00
2	617	Pål Asbjørn Kullerud	30-39	VARTEIG IL	01:13:49	00:01:55
3	669	Asle Slettemoen	40-44	IL I BUL	01:14:49	00:02:55
4	349	Even Klund	40-44	FREDRIKSTAD SYKKELKLUBB	01:18:28	00:06:34
5	601	Magnus Erstad	17-29	ASPLAN VIAK / IL TYRVING	01:18:59	00:07:05
6	585	Sindre Viberg	30-39	LILLEHAMMER CK	01:20:09	00:08:15
7	576	Stian Bergersen	17-29	IL TYRVING	01:20:36	00:08:42
8	599	Jon Pedersen	30-39	FREDRIKSTAD TRIATLONKLUBB	01:20:36	00:08:42
9	593	Mats Pettersen	40-44	STABBURET BIL	01:21:05	00:09:11
10	624	Bjørn-Tore Martinussen	30-39	NULL	01:21:18	00:09:24
11	371	Bjørn Christensen	40-44	MOSS SKIKLUBB	01:21:49	00:09:55
12	96	Anders Gaustad	30-39	COWI BIL	01:21:53	00:09:59
13	328	Geir Aa. Willadsen	30-39	ØSTFOLD POLITIIDRETTSKLAG	01:21:58	00:10:04
14	308	Kim Olsen	30-39	FREDRIKSTAD IF	01:22:21	00:10:28
15	668	Øystein Simonsen	40-44	TRØSKEN IL	01:22:25	00:10:31
16	637	Marcus Wiik	17-29	ASKIM IF	01:22:46	00:10:53
17	628	Tor Gunnar Bjørnstad	30-39	NULL	01:23:11	00:11:18
18	83	Finn Markus Johansen	30-39	FREDRIKSTAD IF	01:23:20	00:11:26
19	648	Sindre Brevold	17-29	SK RYE	01:23:28	00:11:34
20	119	Ozzy Gurung	30-39	FIF	01:23:55	00:12:01
21	403	Jon Ivar Tjernshaugen	40-44	VARTEIG IL	01:24:13	00:12:20
22	282	Andreas Garder Olsen	30-39	NULL	01:24:28	00:12:35
23	336	Fredrik Sandvik	17-29	ASKIM FRIDRETT	01:25:02	00:13:09
24	653	Magne Janitz	40-44	MOSS MULTICHALLENGERS	01:26:10	00:14:16
25	571	Eirik Næsset Ramtvedt	17-29	NULL	01:26:23	00:14:29
26	636	Victor Martinsen	17-29	FIF	01:26:34	00:14:40
27	642	Petter Martinsen	45-49	NULL	01:26:43	00:14:49
28	615	Richard Grigson	40-44	TUNE IL	01:26:55	00:15:01
29	74	Tor Christian Pinås	40-44	NULL	01:26:58	00:15:04
30	590	Preben Gautun	30-39	FREDRIKSTAD IF	01:26:59	00:15:05
31	663	Jan Raymond Sundell	45-49	FIF	01:27:37	00:15:43
32	105	Martin Sture	40-44	NULL	01:27:56	00:16:02
33	360	Thomas Bjerke	30-39	TEAM KJEKKAS	01:28:21	00:16:27
34	344	Thomas Fremo	17-29	TRARABERGET LØPEKLUBB	01:28:27	00:16:33
35	59	Helge Petter Brenden	45-49	NULL	01:29:03	00:17:09
36	283	Morten E Lund	50-54	HAMAR SKIKLUBB	01:29:22	00:17:29
37	347	Joachim Haug	17-29	SARPSBORG SYKLEKLUBB	01:29:34	00:17:40
38	319	Thorbjørn Næss	45-49	ULL KISA	01:30:13	00:18:19
39	1	Terje Ørás	45-49	FREDRIKSTAD TRIATHLONKLUB	01:30:23	00:18:29
40	644	Lars Pederstad	45-49	CK ØST	01:30:51	00:18:58
41	51	Sigurd Gedde Mojord	17-29	NULL	01:31:04	00:19:11
42	276	Reidar Joki	30-39	FIRECO	01:31:11	00:19:18
43	631	Martin Sondaj	40-44	TEAM SONDAJ	01:31:12	00:19:19
44	613	Vidar Lundblad	50-54	FREDRIKSTAD SKIKLUBB	01:31:14	00:19:20
45	627	Ron Waatsveen	45-49	FREDRIKSTAD SKIKLUBB/CK ØST	01:31:18	00:19:24
46	369	Trond Nilsen	50-54	FIF	01:31:23	00:19:29
47	342	Håvard Skjereven Amlien	30-39	BUNDEBYGG BIL	01:31:27	00:19:33
48	317	Øyvind Wang	40-44	SKILØPERNE	01:31:48	00:19:54
49	357	Thomas Gudmestad	40-44	NULL	01:32:01	00:20:07
50	285	Egil Holme	55-59	FREDRIKSTAD IF	01:32:17	00:20:23
51	10	Steve Kaspersen	30-39	FREDRIKSTAD TRIATHLONKLUBB	01:32:18	00:20:24
52	579	Thomas Uwe Hansen	30-39	COWI BIL	01:32:35	00:20:41
53	78	Heine Magnussen	30-39	FREDRIKSTAD TRIATLONKLUBB	01:32:36	00:20:43

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20km

Menn

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
54	324	Marius Eggerud	40-44	NULL	01:32:37	00:20:43
55	343	Espen Grindahl	40-44	NULL	01:32:42	00:20:49
56	610	Ole Christian Evensen	40-44	FREDRIKSTAD SKIKLUBB	01:32:53	00:20:59
57	606	Øyvin Larsen	50-54	CK ØST	01:33:23	00:21:29
58	99	Magne Svandal	40-44	FREDRIKSTAD SKIKLUBB	01:33:42	00:21:49
59	322	Thomas E. Rasmussen	40-44	FREDRIKSTAD IF	01:34:04	00:22:10
60	373	Per Tveit	45-49	MOSS SKIKLUBB	01:34:09	00:22:15
61	289	Sven Simonsen	50-54	FREDRIKSTAD SKIKLUBB	01:34:31	00:22:37
62	408	Magnus Akselsen	30-39	FREDRIKSTAD TRIATHLONKLUB	01:34:53	00:22:59
63	622	Andreas Akselsen	30-39	NULL	01:35:06	00:23:12
64	633	Santo Angel Maican Lara	45-49	MOSSJONISTENE	01:35:15	00:23:21
65	106	Tom Sognlien	55-59	FIF	01:35:25	00:23:31
66	2	Morten Jensen	40-44	ISMOKEKING.COM/SMOKING	01:35:33	00:23:39
67	286	Stig Andresen	45-49	FREDRIKSTAD IF	01:36:10	00:24:17
68	73	Tage Eidissen	40-44	SARPSBORG ORIENTERINGSKLAG	01:36:13	00:24:19
69	348	Gunnar Samuelsen	55-59	NORKART BIL	01:36:16	00:24:22
70	277	Sjur Tømte	55-59	FREDRIKSTAD IF	01:36:18	00:24:24
71	670	Arild Kirkerud	55-59	COWI	01:36:56	00:25:02
72	578	Alexander Rørberg	17-29	FREDRIKSTAD NAPRAPATKLINIKK	01:37:07	00:25:13
73	80	Andreas Larsen	30-39	ASIK FLAMES	01:37:34	00:25:41
74	596	Anders R Simensen	17-29	NULL	01:37:34	00:25:41
75	600	Ole Christian Lier	50-54	FREDRIKSTAD IF	01:37:58	00:26:05
76	94	Henrik Landeklint	40-44	FREDRIKSTAD IF	01:38:03	00:26:09
77	361	Lars Henrik Hox	30-39	KONGSTEN IF	01:38:07	00:26:13
78	641	Per åge Hallstensen	30-39	NULL	01:38:23	00:26:30
79	296	Torstein Nesby	45-49	STAVANGER	01:38:26	00:26:32
80	114	Frank Robert Bråthen	40-44	NULL	01:38:45	00:26:51
81	280	Per Ove Haugland	30-39	NYLENDE IF	01:39:16	00:27:22
82	290	Ole-Maurits Skårslette	30-39	NULL	01:39:17	00:27:23
83	278	Per-Robert Jacobsen	40-44	NULL	01:39:23	00:27:29
84	45	Helge Rosnes	50-54	PRIVAT	01:39:25	00:27:31
85	626	Per Nielsen	30-39	COWI BIL	01:39:28	00:27:35
86	646	Vidar Hermansen	45-49	FREDRIKSTAD SKIKLUBB	01:39:33	00:27:40
87	16	Magne Rosnes	40-44	FREDRIKSTAD SKIKLUBB	01:39:48	00:27:54
88	93	Knut Magne Furuheim	50-54	FREDRIKSTAD SKIKLUBB	01:40:00	00:28:06
89	281	Frode Bjørland	30-39	NULL	01:40:32	00:28:39
90	79	Steve Collier	55-59	ATOMEN HALDEN BIL	01:40:46	00:28:53
91	587	Stig Juliussen	45-49	HALDEN IL	01:41:17	00:29:24
92	81	Erik Jørstad	30-39	FREDRIKSTAD SYKKELKLUBB / STC	01:41:18	00:29:24
93	625	Rino Prent	30-39	ØRN KRISTIANIA	01:41:18	00:29:24
94	279	Terje Hansen	55-59	FREDRIKSTAD IF	01:41:20	00:29:26
95	605	Kristian Lyngmo	30-39	CK ØST	01:41:22	00:29:28
96	577	Jarle Skovly	30-39	NULL	01:41:27	00:29:34
97	91	Ole Kristian Tveten	17-29	KRIK	01:41:41	00:29:47
98	295	Mats Kristoffersen	17-29	TÆSSELADDEN	01:42:18	00:30:24
99	330	Anders Brynildsen	40-44	FREDRIKSTAD SKIKLUBB	01:42:24	00:30:30
100	302	Erik Kruse	30-39	NULL	01:42:42	00:30:48
101	100	Dag Henrik Bergby	30-39	BILTEMA FREDRIKSTAD	01:42:42	00:30:48
102	609	Knut Viggo Andersen	50-54	FREDRIKSTAD IF	01:42:47	00:30:53
103	640	Kjetil Nilsen	30-39	NULL	01:42:54	00:31:00
104	43	Terje Svensson	50-54	FREDRIKSTAD IF	01:42:56	00:31:02
105	335	Martin Angeltveit Baltzersen	30-39	KONDIS	01:43:12	00:31:18
106	580	Hans Martin Skari-Hansen	30-39	NOTEAM	01:43:14	00:31:21

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(Bruttotid)

20km

Menn

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
107	638	Thomas Kristoffersen	30-39	SPENNCON/HØNEFOSS	01:43:20	00:31:26
108	76	Jon Vegard Grønli	30-39	DNB	01:43:35	00:31:41
109	298	Ketil Grønneberg	30-39	NULL	01:44:07	00:32:13
110	603	Svein Kristiansen	30-39	CK ØST	01:44:10	00:32:17
111	575	Stein Jensen	55-59	NULL	01:44:17	00:32:23
112	341	Henrik Sandøy	30-39	NULL	01:44:22	00:32:29
113	407	Terje Rød	45-49	FIF	01:44:25	00:32:31
114	607	Georg Broch	55-59	BYGDØY IDRETTSLAG	01:44:26	00:32:32
115	313	Christoffer Thomassen	30-39	FTK	01:44:47	00:32:53
116	643	Martin Alsparr	30-39	APA IF	01:44:50	00:32:56
117	363	Kim Haugen	30-39	BLODSMAK SK	01:44:56	00:33:02
118	608	Steinar Angelskår	60-64	FREDRIKSTAD IF	01:45:08	00:33:15
119	443	Thomas Ruyter	45-49	CICIGNON IF	01:45:13	00:33:19
120	293	Jan Erik Svendsby	30-39	CUTRIN NORGE	01:45:14	00:33:20
121	54	Anders Johan Krosby	65-69	FREDRIKSTAD SKIKLUBB	01:45:19	00:33:25
122	90	Tor-Ivar Guttulsrod	50-54	NULL	01:45:39	00:33:45
123	109	Stephen Gannestad	50-54	FIF	01:45:42	00:33:49
124	359	Frode Christiansen	40-44	BRUA FYSIKALSKE	01:45:56	00:34:02
125	632	Harald Hurum	50-54	NULL	01:45:56	00:34:02
126	574	Ketil Gjølstad	50-54	GRESSVIK	01:46:08	00:34:14
127	623	Arnfinn Sørli	55-59	SARPSBORG SYKLEKLUBB	01:46:19	00:34:25
128	635	Lars Hammerstad	45-49	SKJEBERG CK	01:46:50	00:34:56
129	340	Arne Aleksander Jeksrud	30-39	LEEDS UTD.	01:46:55	00:35:02
130	657	Jan Gjerløw	50-54	FIF	01:47:36	00:35:42
131	52	David Hagle	17-29	COWI BIL	01:47:47	00:35:54
132	60	Sigurd Borgås	17-29	SKAGERRAK SPORTSKLUBB	01:47:50	00:35:56
133	570	Kjell Reidar Mydske	40-44	FREDRIKSTAD SKIKLUBB	01:47:55	00:36:01
134	292	Eirik Tørstad	50-54	LØRENSKOG MARATONRUNNERS	01:48:24	00:36:30
135	339	Roy Harry Enoksen	60-64	RYGGEJOGGEN	01:48:27	00:36:33
136	300	Martin Mikalsen	30-39	CK-ØST	01:48:37	00:36:43
137	630	Tore Sletmoen	50-54	NULL	01:48:37	00:36:44
138	314	Tellef Kjellesvig	55-59	FREDRIKSTAD SKIKLUBB	01:48:57	00:37:03
139	584	Rino Skaug	45-49	GAARDS-SERVICE AS	01:49:24	00:37:30
140	95	Per Willy Sola	40-44	LUNDE FLYERS	01:49:30	00:37:37
141	97	Kim Gundrosen	30-39	FRIM	01:49:34	00:37:41
142	665	Tor Erling Bossum	30-39	TEAM FYSIO	01:49:35	00:37:42
143	67	Magnus Krossby	30-39	FREDRIKSTAD SYKKELKLUBB	01:49:57	00:38:03
144	338	Ingar Martinsen	45-49	NULL	01:50:34	00:38:40
145	582	Olav Loss Rian	30-39	MÅLET ER 1.45	01:50:55	00:39:01
146	598	Bjørn Arild Martinsen	30-39	KONGSTEN IF	01:51:04	00:39:10
147	649	Fredrik Opstad	40-44	NULL	01:51:09	00:39:15
148	661	Geir Finstad	40-44	NULL	01:51:59	00:40:05
149	597	Werner Ruyter	45-49	CICIGNON OLDBOYS	01:52:04	00:40:11
150	634	Tom Henning Hammerstad	50-54	FREDRIKSTAD ENERGI	01:52:07	00:40:14
151	437	Lars Erik Olsen	45-49	FIF	01:52:33	00:40:39
152	291	Ole Kristian Sørensen	17-29	NULL	01:52:50	00:40:57
153	450	Pål Helge Nilssen	40-44	NORTHERN RUNNERS	01:53:25	00:41:31
154	294	Øivind Solberg	30-39	NULL	01:53:42	00:41:48
155	303	Geir Kvalsvik	60-64	KRÅKERØY IL	01:53:51	00:41:57
156	44	Tom Nilsen	40-44	MOSSJONISTENE	01:54:13	00:42:19
157	658	Vegard Krabberød	40-44	NULL	01:54:29	00:42:35
158	306	Pål Angvoll	40-44	FREDRIKSTAD SKIKLUBB	01:54:55	00:43:02
159	595	Øystein Simensen	55-59	NULL	01:55:06	00:43:12

# Fredrikstadmarka Rundt

12.10.2014

## Komplett Resultatliste

(Bruttotid)

### 20km

### Menn

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
160	315	Helge Karlsen	55-59	POSTEN	01:55:10	00:43:16
161	583	Geir Pettersen	45-49	JACKON	01:55:43	00:43:49
162	69	Just Kullberg-Marcussen	40-44	NULL	01:56:55	00:45:01
163	71	Ruben Verdu Martinez	30-39	PRIVAT	01:57:13	00:45:19
164	645	Anders Tronstad	45-49	SARPSBORG SYKLEKLUBB	01:58:38	00:46:45
165	656	Anders Kristiansen	30-39	MOSS SKIKLUBB	02:01:13	00:49:19
166	163	Nils Wiig	50-54	FRISKIS	02:01:15	00:49:21
167	284	Magnus Lund	17-29	NULL	02:02:41	00:50:47
168	650	Pål-Andre Enghaug	40-44	NULL	02:03:03	00:51:10
169	310	Anders Løkke	40-44	CK ØST	02:03:09	00:51:16
170	87	Ole Marius Risan Frøland	30-39	NULL	02:03:18	00:51:25
171	65	Tor-Åge Welinder	45-49	MOSS SKIKLUBB	02:03:46	00:51:52
172	619	Gregor Gucwa	40-44	NULL	02:04:34	00:52:40
173	85	Jørgen Gurandsrud	65-69	FREDRIKSTAD IF	02:05:09	00:53:15
174	356	Jarle Jørgensen	30-39	TRØSKEN IL	02:05:23	00:53:29
175	75	Per Olav Borgås	55-59	TRØSKEN IL	02:06:53	00:54:59
176	368	Øyvind Fjæraa	70-74	NULL	02:07:45	00:55:52
177	50	Ingebret Mojord	60-64	NULL	02:08:55	00:57:01
178	316	Frode Næss	30-39	NULL	02:08:56	00:57:02
179	98	Svein Oskar Jansen	65-69	FREDRIKSTAD IF	02:09:15	00:57:22
180	629	Håvard Gaustad	30-39	SVINESUND B.I.L	02:09:31	00:57:38
181	611	Kim Sæter	17-29	NULL	02:10:57	00:59:03
182	61	Olav Moen	30-39	NULL	02:11:18	00:59:25
183	581	Torstein Rørby	30-39	MOSS CK	02:11:49	00:59:56
184	589	Roger Jacobsen	45-49	MOSS CK	02:11:50	00:59:57
185	332	Sverre Sanengen	75-79	FREDRIKSTAD IF	02:13:06	01:01:12
186	333	Ivar Lundstrøm	45-49	NULL	02:13:52	01:01:58
187	320	Lars Try	55-59	TVEDESTRAND T & IF	02:16:56	01:05:02
188	88	Atle Borge	50-54	LYN REGNSKAP AS	02:18:47	01:06:54
189	612	Krisatian Brolev	30-39	NULL	02:19:08	01:07:15
190	662	Tormod Kjørvik	50-54	FIF	02:20:09	01:08:15
191	150	Roar Olsen	50-54	GRESSVIK IF	02:23:05	01:11:11
192	573	Jon Kolbeinsen	40-44	LYN	02:23:11	01:11:17
193	367	Magne Strand Olsen	50-54	FIF	02:30:47	01:18:53
194	345	Baard Nygaard	65-69	NULL	02:34:33	01:22:39
195	654	Gunnar Nordhus	65-69	AKS-77	03:05:11	01:53:17
196	42	Ulf Reffsgård	55-59	FREDRIKSTAD IF	03:05:15	01:53:22

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