

Deltaker	Bestetid	År
<b>Menn</b>		
1 John Henry Strupstad - 1980	05:33:24	2013
2 Jan Helgesen - 1974	05:43:34	2005
3 Harald Aas - 1980	05:55:36	2006
4 Erik Bergersen - 1969	05:56:45	2013
5 Alemayehu Sitotaw - 1962	05:57:13	2009
6 Runar Gilberg - 1965	06:00:54	2007
7 Bjørn Tore Taranger - 1979	06:07:05	2012
8 Ole Kristian Heggheim	06:07:22	2013
9 Kristen Aaby - 1961	06:07:29	2005
10 Per Olav Bøyum - 1974	06:09:22	2010
11 Sverre Slethaug - 1971	06:09:25	2010
12 Anders Staude	06:09:57	2013
13 Håvard Austevoll	06:12:53	2013
14 Svein Ove Risa - 1974	06:13:56	2016
15 Håkon Høst - 1956	06:15:34	2004
16 Gjermund Sørstad - 1979	06:21:02	2016
17 Didrik Hermansen - 1989	06:21:34	2010
18 Matthew Lynas	06:23:40	2013
19 Tero Paivarinne - 1976	06:24:07	2010
20 Egil Skarpsno - 1962	06:24:15	2012
21 Henning Pedersen - 1971	06:24:32	2013
22 Johan Nordby	06:30:12	2013
23 Espen Stueland - 1970	06:30:45	2005
24 Bjarte Eikanger - 1972	06:33:36	2011
25 Håkon Urdal - 1980	06:38:09	2017
26 Øyvind Wiger - 1977	06:39:11	2007
26 Audun Baardsen - 1965	06:39:52	2008
28 Peter Tubaas - 1972	06:39:52	2007
29 Per Gunnar Alfheim - 1959	06:42:14	2004
30 Frode Johansen - 1969	06:42:32	2017
31 Andrew Tillery - 1965	06:45:11	2012
32 Joachim Thorkildsen - 1975	06:46:00	2010
33 Kjetil Myklebust - 1978	06:48:38	2016
34 Jon Eirik Vikøren Myhre - 1999	06:49:53	2012
35 Heming Leira - 1960	06:50:07	2004
36 Thor Arne Dommersnes - 1965	06:51:04	2010
37 Fredrik Kolverud - 1974	06:53:05	2016
37 Anders Daltveit - 1987	06:53:56	2011
39 Ole Arne Schlytter - 1960	06:53:56	2007
40 Vetle Christiansen - 1995	06:56:13	2016
41 Geir Inge Selte - 1968	06:56:33	2010
42 Svein Vestøl - 1974	06:57:30	2016
43 Bjørn Johannessen - 1972	06:59:44	2010
44 Joar Kvaase - 1960	07:01:57	2009
45 Gunnar Skandsen - 1956	07:03:55	2013
46 Espen Ringom - 1975	07:04:02	2012
47 Lars Åke Svensk - 1964	07:05:02	2007
48 Luca Roncoroni - 1973	07:05:26	2013
49 Gerard Cornelissen - 1971	07:05:57	2014
50 Ludvig Tennebekk - 1953	07:06:29	2006
51 Dag Spilde - 1969	07:07:31	2012
52 Steve Holyak - 1964	07:09:08	2010
53 Jørgen El Fakiri - 1979	07:09:27	2010

54	Teemu Tapani Paivarinne - 1975	07:09:40	2009
55	Erik Ottesen - 1973	07:10:09	2017
56	Terje Fredriksen	07:10:34	2013
57	Bjarne M. Hagen - 1975	07:11:46	2017
58	Bård Lyngnes - 1970	07:15:09	2005
59	Stein Kjetil Hefte - 1959	07:16:50	2013
60	Øyvind Loftås - 1980	07:17:38	2014
61	Fredrik Berentsen	07:19:04	2016
62	Roar Misje - 1965	07:19:27	2009
63	Erik Andersen - 1981	07:20:26	2014
64	Atle Berntsen - 1959	07:20:41	2006
65	Anders Tøsse - 1959	07:21:44	2010
66	Øystein Ringnes - 1959	07:22:39	2011
67	Bruno Pålsson - 1966	07:24:20	2009
68	Arne Gilberg - 1963	07:24:45	2004
69	Svend Otto Sundby - 1955	07:24:54	2010
69	Frants Mohr - 1963	07:25:46	2007
71	Trygve Andersen - 1979	07:25:58	2010
72	Gunnar Vaage - 1958	07:27:43	2006
73	Åke Fagereng - 1982	07:27:59	2014
74	Trond Inge Carlsen - 1963	07:28:30	2017
75	Ståle Danielsen - 1975	07:31:55	2011
76	Sverre Mohagen	07:32:23	2013
77	Pål Onsrud - 1990	07:34:52	2017
78	Jørgen Nordanger - 1993	07:34:55	2017
79	Robert Næss	07:35:30	2014
80	Torodd Lybeck - 1952	07:37:04	2008
81	Reidar Matre - 1955	07:37:38	2010
82	Frank Andre Jacobsen - 1966	07:37:52	2017
83	Vidar Nilsen - 1960	07:38:24	2012
84	Paul Matthews - 1980	07:40:20	2010
85	Tim Bennett - 1965	07:42:56	2004
86	Dag Olav Norem	07:43:31	2013
87	Matthew Wilson - 1972	07:46:08	2010
88	Morten Hauso - 1959	07:46:32	2004
89	Christen Skjerven	07:47:19	2013
90	Kai Leppanen - 1974	07:47:41	2011
91	Cato Rachlew - 1979	07:48:04	2013
92	Kim Olsen	07:48:31	2013
93	Olav Engen - 1950	07:48:42	2007
94	Vegar Solnørdal	07:50:02	2013
95	Jan Erlend Innselset	07:50:35	2013
96	Klas Færøvik	07:52:32	2014
97	Thomas Røraas - 1978	07:52:36	2009
98	Hogne Lerøy Sataøen - 1979	07:53:04	2010
99	Lars Dørum - 1953	07:53:07	2009
100	Willy Hamre - 1957	07:53:09	2006
101	Espen Konglevoll - 1966	07:53:16	2009
102	Helge Færø - 1960	07:53:32	2011
103	Per Morten Rennan - 1968	07:54:44	2007
104	John Olaf Iversen - 1975	07:56:18	2013
105	Kristian Vikne - 1991	07:57:39	2010
106	Reiner Herzog - 1968	07:58:17	2008
107	Øyvind Lillevik - 1952	07:58:36	2009
108	Hans Petter Økern	07:59:35	2013
108	Tommy Støa - 1973	08:00:29	2009

110	Bjørn Bryne - 1968	08:01:58	2014
111	Frederik Bjørnstad - 1976	08:03:20	2017
112	Stian Løkken - 1976	08:05:27	2014
113	Ole Gorm Berg - 1970	08:06:58	2011
114	Sverre Gunnar Brunstad - 1967	08:06:58	2011
115	Magne Espelid - 1964	08:07:21	2013
116	Tore Granli	08:07:43	2013
117	Jin Canao - 1977	08:07:58	2011
118	Frode Monsen - 1961	08:08:09	2012
119	Harald Schibbye - 1961	08:08:09	2005
120	Halvor Sveen - 1961	08:08:22	2005
121	Jan kristian Bråten-Obel	08:09:10	2013
122	Erik Müller - 1958	08:09:54	2008
123	Kaare Øystein Trædal	08:10:55	2013
124	Tom-Rune Bertelsen - 1967	08:11:06	2007
125	Kristian Lyckander - 1980	08:12:33	2007
126	Mauritz Wahl - 1977	08:13:29	2011
127	Frode Røsland - 1958	08:15:06	2008
128	Trygve Fjeldheim - 1975	08:16:45	2016
129	Håkon Nævdal - 1991	08:17:11	2017
130	Trond Hansen - 1974	08:18:09	2011
131	Håkon Lavik Clausen - 1963	08:18:15	2006
132	Kim Maarud Høistad - 1973	08:19:30	2014
133	Thore Kristensen - 1948	08:20:09	2010
134	Tommy Prøitz	08:21:04	2013
135	Petter Kragset - 1960	08:23:14	2017
136	Trond Pedersen - 1966	08:24:31	2017
137	Andreas Hagli - 1981	08:25:36	2014
138	Håkon Ramberg - 1972	08:26:00	2014
139	Aleskander Jankov - 1976	08:26:22	2009
140	Timo Berkenbosch - 1972	08:27:28	2012
141	Matthew Stephensen - 1976	08:28:27	2012
142	Geir Myhr Øien - 1980	08:28:48	2008
143	Morten Fossmark - 1994	08:29:28	2011
144	Erling Angeltveit - 1963	08:30:43	2012
145	Jan Wilhelm Werner - 1961	08:31:12	2008
146	Ingulf Nordahl - 1970	08:33:28	2016
147	Kenneth Myhre - 1989	08:34:23	2008
148	Fredrik Taule - 1987	08:34:57	2014
149	Jørn Egil Lundsør - 1972	08:35:05	2016
150	Bernt Bratsberg - 1959	08:35:44	2012
151	Martin Olafsen - 1966	08:36:16	2010
152	Per Richard Iversen - 1975	08:38:53	2014
153	Maximilian Kasper - 1993	08:39:21	2016
154	Yngve Myhre - 1981	08:39:59	2014
155	Tor Arne Stjern - 1966	08:42:43	2008
156	Christopher Aalholm - 1969	08:43:15	2017
157	Gustav Sjöholm	08:43:18	2014
158	Steffen Garder - 1971	08:43:20	2010
159	Sigurd Corell - 1996	08:50:21	2017
160	Samuel Trevena	08:51:47	2013
161	Jan Kristian Stordrange - 1975	08:52:53	2010
162	Erik Saugerud - 1966	08:54:52	2012
163	Torbjørn Karlsson - 1953	08:57:27	2005
164	Lothar Mühleisen	08:58:12	2013
165	Johnny Rindahl	08:59:20	2013

166	Ola Terje Hådem	09:02:22	2014
167	Kjetil Moen - 1984	09:04:09	2014
168	Magnus Bakkhaug - 1989	09:05:33	2008
169	Henrik Asbø - 1957	09:06:13	2007
170	Lars Tørressen - 1964	09:06:26	2009
171	Thor-Andre Søyland - 1986	09:06:35	2016
172	Helge Reinholt	09:07:22	2013
173	Eirik Ødegård - 1985	09:08:28	2014
174	Leif Riis Strøm - 1957	09:08:31	2009
175	Bjørn Eilert Mork - 1976	09:11:23	2008
176	Rune Stålstrøm - 1965	09:13:07	2016
177	Odd Magne Rød - 1979	09:13:27	2017
178	Joakim Larsen - 1974	09:14:22	2011
179	Jon Henjum - 1950	09:16:49	2008
180	Kjell Andersen - 1964	09:18:34	2016
181	Mons Øyvind Tingelstad - 1957	09:20:02	2007
182	Thomas Brager Olsen - 1970	09:22:18	2009
183	Rune Gullachsen - 1972	09:22:19	2010
184	Christian Iversen Styve	09:22:48	2013
185	Jarle Johan Larsen - 1966	09:26:52	2017
186	Tormod Helgesen	09:27:03	2013
187	Olav Hestmann - 1991	09:27:17	2016
188	Ragnar Nygård - 1967	09:28:30	2007
189	Helge Terje Gilbrant - 1960	09:29:33	2010
190	Arnold van der Kraan - 1963	09:29:44	2010
191	Stian Heimsvik	09:30:36	2013
192	Rudolf Roovers - 1954	09:31:38	2014
193	Øystein Jack Næss - 1971	09:31:58	2016
194	Pål Hjertholm - 1966	09:32:49	2012
195	Bjørn Hytjanstorp - 1966	09:33:14	2005
196	Roy Gjevre	09:35:22	2014
197	Svein Stranddal - 1955	09:38:36	2017
198	Magnus Aabech - 1982	09:42:02	2017
199	Knut Kronstad - 1953	09:42:13	2010
200	Arvid Supphellen - 1960	09:43:48	2017
201	Kim Horntvedt - 1982	09:48:02	2012
202	Andreas Sumstad Arne - 1979	09:49:02	2017
203	Bendik Gjevjon - 1969	09:52:39	2012
204	Harry Gilberg - 1962	09:53:16	2012
205	Jan Viktor Jansen - 1943	09:54:02	2007
206	Tor Einar Hårstadhaugen - 1977	09:58:14	2011
207	Thomas Norder - 1998	09:58:21	2016
208	Morten Olsen - 1968	10:01:15	2012
209	Tom Larsen	10:02:46	2013
210	Dag Eide - 1965	10:03:44	2010
211	Roar Lilletvedt - 1960	10:03:54	2014
212	Gunnar Fæhn - 1949	10:04:16	2005
213	Dan Jørgen Sørheim - 1983	10:04:35	2016
214	Henk Harenberg	10:06:05	2013
215	Robert Poettger	10:07:28	2016
216	Anders Winther - 1989	10:08:42	2017
217	Ola Lombnæs - 1958	10:08:56	2014
218	Svein V. Olsen - 1955	10:11:17	2007
219	Søren Aarenstrup - 1975	10:13:19	2007
220	Oddvar Røsten - 1957	10:13:56	2008
221	Asbjørn Fossmark - 1977	10:17:04	2011

222	Frode Vittersø - 1961	10:18:30	2017
223	Magne Dølemo - 1958	10:20:04	2012
224	Claus Voss - 1958	10:23:48	2016
225	Geir-Rune Samstad - 1972	10:27:23	2017
226	Matti Weisdorf - 1985	10:38:15	2011
227	Lars Erik Bohne - 1964	10:38:57	2010
228	Anders Haugland - 1972	10:39:28	2010
229	Christian Eek-Jensen - 1975	10:39:53	2009
230	Thomas Wilson - 1972	10:42:36	2016
231	Espen Hagen	10:46:19	2013
232	Esben Rohit Hellebø - 1980	11:00:48	2012
233	Børge Erdal	11:06:24	2013
234	Arnt Johannes Cederholm - 1955	11:07:17	2012
235	Gunnar Naas - 1979	11:09:09	2010
236	Kenneth Dagfinrud - 1979	11:11:10	2013
237	Claus Håvik - 1977	11:19:03	2017
238	Jan Ringheim - 1956	11:20:22	2010
239	Endre Vindheim - 1964	12:09:44	2010
240	Hugo Jentoft - 1973	13:08:02	2010

Terje Gilberg - 1966                      13:16:26\*                      2012  
 \* Kort løype 62 km

**2015: Kort løype 61 km**

1	Erik Sagvolden	04:31:23	2015
2	Morten Urdal Bakke	04:37:56	2015
3	Vegard Brun Saga	04:46:37	2015
4	Jørgen El Fakiri	04:52:17	2015
5	Frode Johansen	04:54:47	2015
6	Kim Olsen	05:01:19	2015
7	Tero Paivarinne	05:01:33	2015
8	Carl Edvard Sem	05:12:18	2015
9	Daniel Peter Barth	05:12:20	2015
10	Thor-Andre Søyland	05:17:21	2015
11	Stein Kjetil Hefte	05:21:44	2015
12	Ole Morten Kulbraaten	05:23:40	2015
13	Stian Kvernsmyr	05:26:00	2015
14	Harald Osland Sandvik	05:33:21	2015
15	Jan Helgesen	05:37:06	2015
16	Eirik Smidt Sagstuen	05:39:42	2015
17	Jørgen Nordanger	05:43:07	2015
18	Trond Storrønning	05:45:58	2015
19	Matthew Wilson	05:46:39	2015
20	Jone Alsvik	05:47:34	2015
21	Ingulf Nordahl	05:53:58	2015
22	Svend Otto Sundby	06:05:28	2015
24	Neil Dryland	06:07:41	2015
25	Peter Tubaas	06:36:58	2015
26	Haakon Klem	06:49:50	2015
27	Terje Furuseth	07:02:06	2015
27	Jostein Sand Nilsen	07:02:24	2015
29	Gregor Gucwa	07:04:13	2015
30	Leif Åge Solli	07:04:30	2015
31	Vegard Eltervåg	08:06:29	2015
32	Bjørnar Eltervåg	08:17:24	2015

## Kvinner

1	Gloria Vindstedt - 1983	06:37:31	2011
2	Ragnhild Kvarberg Hjelle - 1981	06:46:09	2014
3	Åslaug Golf Kaardal - 1980	06:51:24	2011
4	Kjersti Lerkerød	06:52:35	2013
5	Maria Lundgren - 1972	06:58:24	2009
6	Margrethe Løgavlen - 1965	06:59:11	2007
7	Anne M. Heienberg - 1959	07:02:43	2005
8	Camilla Grieg - 1964	07:03:34	2007
9	Anne Jorunn Hodne - 1984	07:04:09	2011
10	Ida Flaatten - 1982	07:08:13	2009
11	Marit Årthun - 1967	07:09:03	2010
12	Nancy Sommer - 1969	07:11:38	2009
13	Marit Karlsen	07:12:50	2013
14	Nicoline Baartvedt - 1988	07:14:51	2017
15	Sharon Broadwell - 1961	07:18:19	2005
16	Helene Pemmer - 1971	07:20:08	2008
17	Nina Wavik Ytterstad - 1962	07:21:16	2009
18	Lisbeth Jensen Gallefoss - 1967	07:29:27	2010
19	Bodil K. Høstmælingen - 1981	07:31:42	2009
20	Mari Nustad Mauland - 1976	07:32:58	2013
21	Hilde Gudem - 1979	07:34:13	2014
22	Therese Falk - 1975	07:34:39	2017
24	Helene Stenersen Lund - 1971	07:38:19	2008
25	Adele Flakke Johannessen - 1987	07:39:30	2014
26	Mona Rydland - 1968	07:42:37	2009
27	Karin Sønsteby - 1970	07:52:26	2004
27	Hanna Sæverås Breivold - 1990	07:58:24	2014
29	Christine Teig - 1972	07:58:38	2007
30	Henriette Brynthe - 1988	07:59:34	2014
31	Margaretha Fortmann - 1984	08:04:06	2012
32	Marianne Dønnem - 1973	08:05:10	2014
33	Nina Annette Hongseth - 1973	08:05:40	2004
34	Alison Matthews - 1979	08:05:48	2010
35	Ninette Banoun - 1964	08:06:38	2011
36	Elise Caspersen - 1989	08:09:36	2017
37	Marianne Følling	08:16:21	2013
38	Annette Arentz Hagen - 1971	08:21:27	2010
39	Jannicke Ekelberg	08:22:20	2013
40	Marianne Pettersen - 1979	08:24:04	2016
41	Christina Tønnesen	08:24:33	2013
42	Wenche Dørum - 1954	08:25:17	2009
43	Randi Moe Lilleberre - 1972	08:28:18	2011
44	Hilde Johansen - 1973	08:29:31	2013
45	Ann Kristin Dyrkolbotn - 1973	08:31:09	2008
46	Sara Mauland - 1976	08:36:35	2013
47	Vilde Støle Melsom - 1993	08:43:47	2016
48	Julie Wiik - 1985	08:50:04	2017
49	Norunn Stavø - 1957	08:54:44	2014
50	Gro Svendal - 1970	08:55:19	2016
51	Astrid Grønningen - 1970	08:55:44	2017
52	Camilla Grindheim - 1983	08:58:18	2014
53	Frøydis Jaren	08:58:42	2013

54	Mette Synnerström	08:59:13	2013
55	Vera Nystad - 1945	09:00:22	2012
56	Mikalea Næss - 1984	09:03:18	2014
57	Bodil Melkevik - 1952	09:09:22	2007
58	Turid Sylte	09:10:29	2013
59	Heidi Grønvoll - 1983	09:12:27	2017
60	Ruth Crewe	09:12:33	2013
61	Bibbi Stålstrøm - 1975	09:13:06	2016
62	Jannicke Bergh - 1968	09:19:02	2010
63	Kristine Hovda	09:19:45	2014
64	Annie Ristebråten	09:23:52	2014
65	Kjersti Eliassen - 1975	09:29:36	2009
66	Cecilia Peterson - 1963	09:30:01	2010
67	Torunn Årthun Dahlseng - 1962	09:30:12	2017
68	Cecilie Longva Igesund - 1976	09:33:14	2016
69	Elisabeth Thorsvik - 1977	09:38:18	2016
69	Torunn Holtan - 1962	09:38:36	2017
71	Linda Waatevik - 1961	09:41:25	2017
72	Meike Hesselink - 1975	09:42:00	2012
73	Cristina Ganzoni - 1975	09:47:51	2016
74	Karianne Ekern - 1970	09:49:03	2017
75	Kristina Paltén - 1971	09:49:51	2012
76	Marie Nøkling	09:56:46	2013
77	Oddny Ringheim - 1961	09:59:58	2010
78	Myrna Dral - 1969	10:05:47	2017
79	Ragnhild Audestad	10:08:02	2013
80	Ingunn Monsen - 1963	10:13:14	2017
81	Leila Ferguson - 1980	10:13:37	2011
82	Ragnhild Sætre - 1962	10:13:49	2007
83	Guro Økelsrud Lombnæs - 1988	10:15:56	2014
84	Torill Forbord - 1966	10:16:59	2012
85	Sigrid Malene Sonesson - 1988	10:19:59	2014
86	Siri Bergfald - 1975	10:20:29	2017
87	Sissel Smaller - 1960	10:20:40	2017
88	Ingunn Ytrehus - 1950	10:25:06	2012
89	Rosanna Lövmärk - 1986	10:27:52	2011
90	Turid Landsvik - 1954	10:30:07	2011
91	Camilla Rodal - 1970	10:31:16	2016
92	Madeleine Tennebeek - 1989	10:33:27	2016
93	Helga Kringen - 1971	10:34:27	2016
94	Marit Berg Bjerknes - 1963	10:35:08	2009
95	Silje Riveland - 1990	10:37:04	2014
96	Kristi Mjelde -	10:40:43	2016
97	Hilde Årthun Dahlseng - 1999	10:41:56	2017
98	Veronika Wilson - 1976	10:42:33	2016
99	Jeanette Solvang - 1973	10:44:13	2017
100	Sofia Englund - 1987	10:48:05	2011
101	Ann Kr. T, Kristoffersen - 1969	11:04:55	2011
102	Ellen Wold - 1965	11:11:18	2008
103	Nathalie Puaschitz - 1981	11:14:04	2016
104	Oline Yksnøy - 1942	11:14:53	2010
105	Bente Nordanger - 1959	11:17:27	2017
106	Liv Stava - 1975	11:20:31	2017
107	Eva-Gurine Skartland - 1987	11:22:20	2017
108	Katrine Lindøe - 1985	11:29:54	2017
108	Ruby Semb - 1972	11:30:56	2017

110	Sigrd Oldervoll	11:34:13	2013
111	Lillemor Grønntun - 1937	11:40:34	2010
112	Turid Veggeland - 1959	11:45:40	2012
113	Turid Lie - 1942	12:04:15	2012
114	Tone Bendiksen - 1974	12:10:59	2017
115	Christine Lystrup	12:14:02	2016
116	Signy Henden Rustlie	12:59:59	2013
117	Veronika Nytveit	13:22:33	2016
118	Wendy Lynas	14:31:09	2013
119	Lisoneide Martinussen	15:13:07	2013

Anne Sofie Hermo - 1975      08:34:07\*      2012  
 \* Kort løype 62 km

### 2015: Kort løype 61 km

1	Adele Johannessen	05:17:59	2015
2	Marianne Dønnem	05:32:29	2015
3	Marit Kasin	05:40:28	2015
4	Therese Falk - 1975	05:43:22	2015
5	Meike Hesselink	06:27:25	2015
6	Camilla Grindheim	06:40:08	2015
7	Nathalie Puaschitz - 1981	06:40:09	2015
8	Bodhild Roaldset Haukø	06:44:00	2015
9	Torunn Årthun Dahlseng - 1962	06:47:22	2015
10	Liv B. Jegteberg Lystad	06:47:30	2015
11	Cecilie Longva Igesund - 1976	06:50:12	2015
12	Carla Susana Assuad	06:56:17	2015
13	Marit Haraldsen	06:56:34	2015
14	Mette Synnerström	06:58:24	2015
15	Eline Øidvin	07:04:30	2015
16	Kristine Thorsen	07:21:30	2015
17	Bente Nordanger - 1959	08:20:16	2015

### Løyperekord dag 1 - menn

John Henry Strupstad - 1980      03:55:38      2013

### Løyperekord dag 1 - kvinner

Gloria Vindstedt - 1983      04:37:30      2011

### Løyperekord dag 2 - menn

John Henry Strupstad - 1980      01:37:46      2013

### Løyperekord dag 2 - kvinner

Åslaug Golf Kaardal - 1980      01:56:34      2011