**11,44 km**

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| --- | --- | --- | --- |
| Jarle | Risa | Undheim | 00:38:34 |
| Andreas Penne | Nygård |   | 00:39:15 |
| Oskar | Pedersen | Spirit Stavanger FIK | 00:39:54 |
| Anstein | Skjørestad |   | 00:40:35 |
| Carlo | Brekken | Undheim | 00:40:59 |
| Bjøro | Nevland |   | 00:42:02 |
| Lars | Stangeland | Bryne Ck | 00:42:18 |
| Roger  | Nevland | Gjesdal IL | 00:42:20 |
| Torstein | Håland |   | 00:42:26 |
| Lars | Gudim | Gjøvik Skiklubb | 00:42:30 |
| Kenneth | Gundersen | Undheim | 00:42:41 |
| Henning | Mæland | Lye | 00:43:10 |
| Martin Hetland | Strand | Sandnes IL Langrenn | 00:43:17 |
| Anne Jorunn | Hodne | EIK friidrett | 00:43:34 |
| Jan Tore | Nygård | Undheim | 00:44:07 |
| Tore | Høien | Vigrestad | 00:44:22 |
| Svein | Undheim | Undheim | 00:45:11 |
| Lawerence | Falkeid |   | 00:46:04 |
| Geir | Strømland | Bryne FIK/Bryne Triatlonklubb | 00:46:14 |
| Ingvar | Risa | Undheim | 00:46:23 |
| Gustav  | Gudmestad | Undheim | 00:46:47 |
| Roar | Kolnes |   | 00:47:18 |
| Sigbjørn | Vigrestad Rassmussen | Ryfylket Trelast | 00:48:18 |
| John Henrik  | Kirkeli |   | 00:48:19 |
| Njål | Gudmestad | Aarbakke AS | 00:48:22 |
| Atle | Larsen | GTI friidrett | 00:48:34 |
| Rein Harald | Salte |   | 00:49:37 |
| Per-Helge | Litsheim | GTI friidrett | 00:49:41 |
| Magne | Egeland | Bjerkreim | 00:51:25 |
| Ella Gjøse | Oftedal | Bryne Handballklubb | 00:53:00 |
| Sigrunn | Ekkje | Team Ekkje | 00:53:13 |
| Dag Hermann | Abeland | GTI friidrett | 00:53:31 |
| Glenn Tore | Riskedal | BCK | 00:54:19 |
| Sondre S. | Andersen | Jæren Alpinklubb | 00:54:54 |
| Helge | Andersen | Jæren Alpinklubb | 00:54:56 |
| Joakim | Olsen |   | 00:55:31 |
| Petter | Fisketjøn |   | 00:55:34 |
| Anita | Kolnes |   | 01:01:23 |
| Line | Nevland |   | 01:04:17 |
| Birthe | Zahl Serigstad |   | 01:04:21 |
| Ane  | Nærland |   | 01:04:42 |
| Ingrid Garborg | Haaland |   | 01:04:51 |
| Jorunn | Osland |   | 01:05:21 |
| Ingrid Elisabeth | Sørensen |   | 01:05:53 |
| Olaug | Teigen |   | 01:16:32 |
| Oddbjørg | Heskje |   | 01:16:33 |
| Nora | Fotland |   | 01:20:43 |

**6,44km**

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| --- | --- | --- | --- |
| Alf Ante | Idland Tornensis | Gjesdal IL | 00:22:42 |
| Thomas | Hetland | EIK friidrett | 00:23:32 |
| Helge | Eidsnes | Bryne Triatlon Klubb | 00:23:52 |
| Geir | Lervik | Matningsdal il | 00:24:10 |
| Marcelo Hetland | Strand | Sandnes IL Langrenn | 00:28:14 |
| Tonje | Nødland |   | 00:29:02 |
| Markus | Lervik | Nærbø il | 00:30:14 |
| Bjørg | Risa | Undheim | 00:32:36 |
| Andre | Gjøse | Nærbø il | 00:33:15 |
| Terje | Gabrielsen |   | 00:33:18 |
| Jan Gunnar | Eide | Ingen | 00:35:17 |
| Ina | Strømland | Bryne Ck | 00:35:18 |
| Espen | Bekkeheien | Santander Consumer Bank | 00:35:48 |
| Krister  | Vølstad |   | 00:35:48 |
| Eirik | Kårstad | Frøyland | 00:36:36 |
| Thea | Bjorland | Bryne friidrett | 00:36:42 |
| Camilla | Meidell | Sola | 00:36:43 |
| Victoria | Sørland | Bryne friidrett | 00:36:47 |
| Therese | Bjorland | Bryne friidrett | 00:36:57 |
| Oddbjørn | Aamodt | Bryne Friidrettsklubb | 00:37:21 |
| Svein Eirik | Rasmussen | COPNO | 00:40:19 |
| Marina | Potsepko | SDIF | 00:41:58 |
| Jemima | Blue |   | 00:46:50 |
| Kristian | Waalen | Bryne Triathlonklubb | 00:47:17 |
| Svein Eirik | Pettersen |   | 00:50:57 |
| Kathy Ann | Tveit |   | 00:53:56 |
| Elisabeth | Erga | Orre lL | 01:05:20 |